

Holy Cross Catholic Primary School



PSHE / No Outsiders Curriculum Map
and Progression Map

2024-25

WE CARE, WE SHARE, WE VALUE

Holy Cross Catholic Primary School
PSHE No Outsiders Curriculum Map and Progression Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	I can choose what I like - I can make up my mind and tell you things I like	It's ok to like different things - I know my friends can like different things to me and we can still be friends	To say hello - I that in my class we are not all the same / I know I can make friends with different people	All families are different - I know who is in my family and that families are different	To celebrate my family - I know the people in my family are special and I know who loves me	To make a new friend - I know everyone is different in my class and I can make friends with anyone
Year 1	I like the way I am - I know ways we are different, and I know how to make my class welcoming	To join in - I know we are all different but can all play together; I know I can join in	To find ways to play together - I know me might like different things; I know ways you can join my game; I can make sure no one is left out	Proud to be me - I know we are all different; I know how I am different; I am like the way I am	I share the world with lots of people - I know I live in the world; I know the world is full of different people	To work together - I know I can ask for help with my ideas; I can work with different people
Year 2	To welcome different people - I know we are all different; I can name ways we are different; I have friends who are different; I don't leave people out	To have self-confidence - I know we are all different; I know it sometimes hard to be different; I know what self-confidence means; I know how I help	To understand what diversity is - I understand what diversity means; I know how my school is diverse	To think about what makes a good friend - I know what a friend is; I know how to be a good friends	To communicate in different ways - I know there are different ways to communicate; I can learn to use sign language	To know I belong - I know who I am; I know there are special things about me; I know I am different; I know I belong

		someone feel confident				
Year 3	To understand what discrimination means - I know how someone can feel like an outsider; I know how to make sure there are no outsiders in my school	To understand what a bystander is - I know everyone has differences; I know what unique means; I know people can feel hurt; I know what a bystander is; I know what to do if I see someone being unkind	To be welcoming - I know the behaviour that makes someone feel like an outsider; I know how to make someone feel welcome	To recognise a stereotype - I know what a stereotype is; I know how stereotypes affect people; I know everyone is different	To recognise and help an outsider - I know why it's hard to be different; I know how to help someone be strong	To consider living in Britain today - I know what Britain is; I know where I live; I know lots of people live in Britain today; I know why some people are scared of difference
Year 4	To help someone accept difference - I know we are different; I can tell you ways we are different; I know why some people are afraid of difference; I can help people to accept difference	To choose when to be assertive - I know what assertive means; I know why assertive is sometimes hard	To be proud of who I am - I know why people sometimes don't speak up; I know that everyone in my school should be proud of who they are	To find common ground - I know there are more things that we have in common that divide us	To look after my mental health - I know what mental health is; I know what situations can affect my mental health; I have strategies to look after my mental health	To show acceptance - I know there are different ways to dress; I know that people can choose what they wear; I know different people in my community wear different things; I am accepting of difference
Year 5	To consider consequences - I know what a	To justify my actions - I know that sometimes we	To consider responses to racist behaviour - I	To recognise when someone needs help - I know	To explore friendship - I know what friends	To exchange dialogue and express an opinion

	consequence is; I know that all actions have consequences; I know that I have a choice in behaviour that I join in and behaviour that I choose not to join in with	have to make difficult decisions; I can justify my actions	understand what racism is; I can recognise racist behaviour; I know what to do if I hear or see someone being racist	people have different life experience; I can empathise with others	are; I know how important friendship is; I know sometimes friendship can go wrong; I value the people around me	- I know there are different ideas about equality around the world; I can exchange dialogue and express my opinion
Year 6	To consider responses to immigration - I know what immigration means; I know what empathy means; I can empathise with a person in a different situation to me	To consider language and freedom of speech - I know what freedom of speech means; I know how language can be used to persuade people; I know how important pupil voice is	To overcome fears about difference - I can accept and work with people who are different to me; I can explore difference without fear; I can look for solutions to challenging situations	To consider causes of racism - I now what prejudice is; I know what can happen if racism is not challenged; I know how to challenge racist behaviour	To show acceptance - I know what it means to be transgender; I value the people around me; I know what it means to be non-judgemental	To consider democracy - I know what a democracy is; I know how laws are made; I know how laws can change