

Holy Cross Catholic Primary School

Charles Street, St, Helens, Merseyside, WA10 1LN

Telephone: (01744) 678319

Headteacher - Mrs Carol Gillespie

Web Address: <http://www.holycrossprimarysthelens.co.uk> E-mail: holycross@sthelens.org.uk



30th September 2024

Dear Parents/Carers,

As you are aware, at Holy Cross we fully implemented RSHE in the curriculum in 2019. The Aims of Relationship, Sex and Health Education (R.S.H.E) are:

- ✓ To encourage pupils' growth in self-respect, acknowledging we are all created in the image and likeness of God
- ✓ To help pupils develop an understanding that love is the central basis of relationships
- ✓ To help pupils to understand the nature of relationships and to encourage them to reflect on their own relationships and respect differences between people.
- ✓ To develop pupils' confidence in talking, listening and thinking about feelings and relationships.
- ✓ To help pupils acquire the skills necessary to develop and sustain relationships
- ✓ To offer RSHE education in the wider context of relationships.
- ✓ To ensure that pupils protect themselves and ask for help and support when needed.
- ✓ To ensure that pupils are prepared for puberty.
- ✓ To help pupils to develop a healthier, safer lifestyle.
- ✓ To prepare pupils to play an active role as citizens and to understand the Catholic vision of what it means to be citizens of the Kingdom/reign of God.

The scheme that we follow is called 'A Journey in Love'. The lessons are outlined in detail on our school website around the themes below so you will know what your child will be learning in their lessons:

Nursery Wonder at God's Love

Reception God loves each of us in our uniqueness

Year One We meet God's love in our family

Year Two We meet God's love in the community

Year Three How we live in love

Year Four God loves us in our differences

Year Five God loves me in my changing and development

Year Six The wonder of God's love in creating new life

The different elements to each topic in Journey to love are:

- Physical
- Social
- Emotional
- Intellectual
- Spiritual



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Right to withdraw your child

What if I don't feel that my child is ready for this programme of work?

Parents have the legal right to withdraw their child from any part of our school's programme for Relationships and Sex Education, except those elements which are required by the National Curriculum for Science.

Science curriculum in Key Stage One

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- That animals, including humans have offspring which grow into adults.

Science curriculum in Key Stage Two

- Describe the differences as humans develop to old age
- Learn about the changes experienced in puberty
- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird.
- Describe the life process of reproduction in some plants and animals
- Recognise that living things produce offspring of the same kind but normally offspring vary and are not identical to their parents.

A copy of the R.S.E policy and handout for parents is available on our school website.

<http://www.holycrossprimarysthelens.co.uk>

If you would like to speak about anything with regards to the R.S.H.E curriculum, please see Mrs Slater. If you would not like your child to have these lessons, please put in writing, stating your reasons.

Your sincerely

Mrs Gillespie

Headteacher

