



Holy Cross Catholic Primary School

Charles Street, St. Helens, WA10 1LN

17/01/2025

Progress Awards



Each term, class teachers identify a pupil in their class who has made significant progress during the term. This might be in a subject or in personal development. We held our termly Progress Award Ceremony this week and parents came in to school to celebrate their child's achievement with us.

We are so very proud of our winners.

We Care, We Share, We Value.



Virtues to Live by: Faith

FAITHFULNESS – you are loyal to your beliefs or to a person. You are reliable and have integrity. You are trustworthy.

"His master said to him, 'Well done, good and faithful servant. You were faithful with a few things, I will put you in charge of many things; enter into the joy of your master.'" (Matthew 25:23)

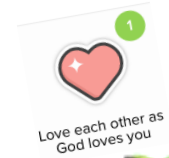
"Faith tells me that no matter what lies ahead of me, God is already there."

Reception heard a story about a dog called Bobby. When his owner died, he went and lay on his grave every day. Bobby was faithful to his owner, even after he died. We talked about how we can show the virtue of faithfulness in our lives.

We learned 'the faithfulness song' and performed it in celebration assembly.



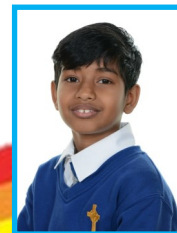
House Teams Weekly Points



9,013	9,349	9,222	8,906
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Leader Board Totals			
Charity	Hope	Faith	Peace

STARS OF THE WEEK



Attendance

School Matters!



Attend Today, Achieve Tomorrow

Our whole school attendance this week is

94.9%

The Government set target is 97%.

Well done to

Year 2

for having the best attendance this week with

99%

Attendance this week

Nursery	98%
Reception	89%
Year 1	95%
Year 2	95%
Year 3	91%
Year 4	94%
Year 5	97%
Year 6	99%

Getting Your Child to School Really Matters



Did You Know... ?

In a School Year, If Your Child is Late Every Day By...

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day,
we celebrate how blessed the world
became when God gave us you.



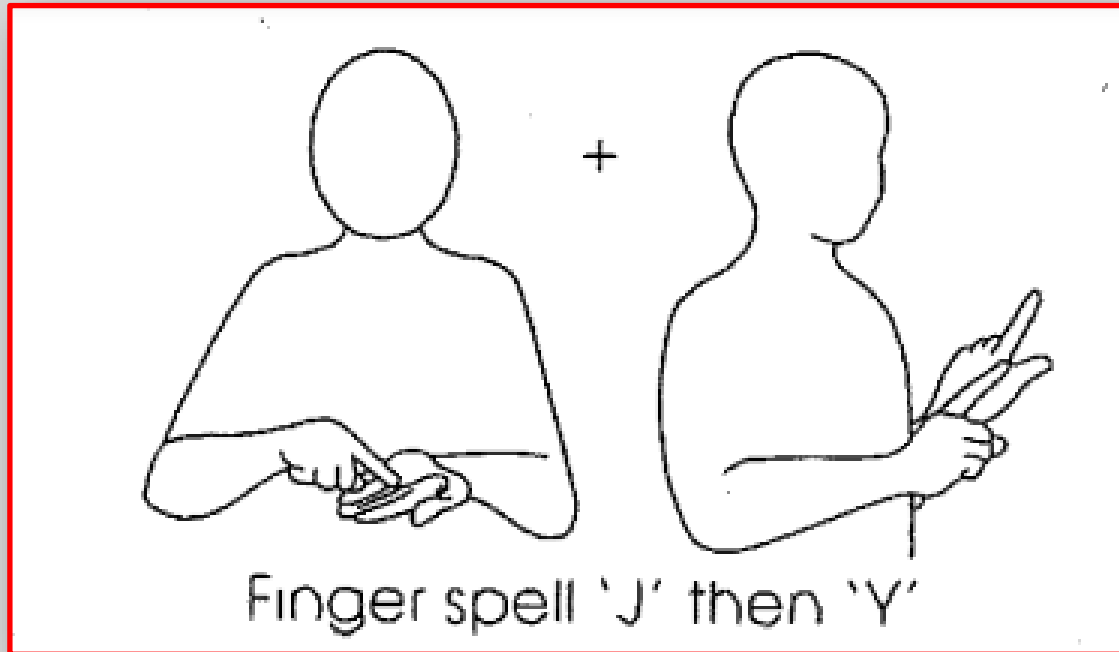
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David Ajiboye
Oliver Fairhurst
Addison O'Neil
Lilly O'Brien

We Care, We Share, We Value.

Sign with us!

Each week children develop their basic sign language skills so that as a school family we can all communicate with members of our school who use BSL and Makaton.



Language of the Month: Malayalam

We have 17 languages spoken amongst our school family. Each month we explore a different language from our diverse school community.

English Words	Pronunciation	Malayalam Words
Yes!	ate	അതെ
Sure!	uṛappāṇ	ഉറപ്പാണ്
Here you go!	iviṭe ārambhikkunnu	ഇവിടെ ആരംഭിക്കുന്നു
You got it!	ninakk manas'silāyi.	നിനക്ക് മനസ്സിലായി.
Ok!	śari	ശരി
No, thanks.	vēṇṭa, nandi	വേണ്ട, നന്ദി
No, but thank you.	illa, pakṣē nandi	ഇല്ല, പക്ഷേ നന്ദി
No way.	oru vajiyumilla	ഒരു വഴിയുമില്ല

Swimming—Wednesday's

Y5 need their swimming kit in school every Wednesday—the coach leaves at 9.00am

Lunch Clubs

Rosary Club—Monday 12.30-1.00
 Minnie Vinnies—Tuesday 12.30-1.00
 Rota Kids—Thursday 12.30-1.00
 Young Carers—Friday 12.30-1.00

School clubs

KS2 Dodgeball—Monday 3.30-4.15pm
 Y1-Y6 Mindfulness—Tuesday 3.30-4.00pm
 Choir Y3-Y6—Wednesday 3.30-4.00pm
 Multi-Skills Y1—Wednesday 8.00-8.40am
 KS2 Books on film—Wednesday 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2024/2025

Term	School opens on:	School closes on:
Autumn term 2023	3rd September	25th October
	4th November	20th December
Spring term 2024	6th January	14th February
	24th February	4th April
Summer term 2024	22nd April	23rd May
	2nd June	16th July
Inset days	2nd September 17th & 18th July 21st & 22nd July <u>Bank Holidays</u> 18th April 21st April 5th May	

Year Group	Homework
N	Library book read to them (each night) Talking task – phase one phonics (weekly) Practical maths (weekly)
R	Reading (each night) Reading & spelling tricky words practice (weekly) Number (weekly)
KS1	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)
KS2	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)

CYPMHS Crisis Response service as they have had some updates.

This service is for Children & Young People who are in need of immediate assistance for their **mental health or behaviour.**

<https://www.merseycare.nhs.uk/our-services/warrington/child-and-adolescent-mental-health-service-crisis-response->



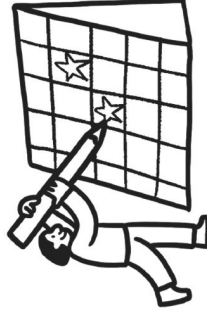
Happier January 2025



MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

2 Make time today to do something kind for yourself

1 Find three things to look forward to this year

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

11 Switch off all your tech at least an hour before bedtime

10 Thank someone you're grateful to and tell them why

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

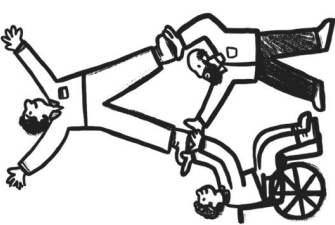
27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together



SCARE! Hoaxes, online challenges & 'bad apps'

What parents and schools need to know to keep children safe from the latest dares, scares, threats & challenges

There are always stories going round about nasty things online and you may be asked to share warnings about them. The ones with clever names and funny pictures are usually fakes and hoaxes, but of course bad things happen online too and we all want to keep young people safe from them.

Whether a scare is real or not, we would advise against sharing warnings about specific challenges or even 'bad apps', sites or games. Read on to find out why...and what to do instead.



Why shouldn't we share specific warnings?

Scare-shares can cause:

1. A false sense of security
2. Free publicity
3. Unproductive panic

What can we do instead?

1. Talk about **GENERAL** risks and what can go wrong online wherever you are
2. Use **NON-SCARY EXAMPLES** to talk about how to respond to dares, challenges, scares and threats
3. Make sure children and young people know who to talk to and where to get **HELP** from different sources
4. Focus on the **POSITIVES** – after all, if we say it's all bad, they won't listen to us

Top tips



Still not sure? Have a look at what the experts at CEOP say about online scares or how the Samaritans advise us to talk about challenges.



SafeguardED

Find out more at scare.lgfl.net



&



@LGfLSafeguardED

Is my child too ill for school?

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a high temperature, keep them off school until it goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Does your child need care this winter?



If your child is ill it can be a worrying time, but lots of childhood illnesses can be treated quickly and effectively at home or by accessing the right healthcare service. Here is our handy guide to services available in your area. By choosing the right service you can help your little one feel better, quicker.

Online symptom checker

Our friends at Alder Hey have created an online symptom checker with lots of useful advice on common symptoms in children. Visit the website: www.alderhey.nhs.uk/symptom-checker. You can then decide where best to get the right care for your child.

When to go to a pharmacy

Your local pharmacy can offer advice and has a wide range of over-the-counter medicines that can help treat common illnesses. Make the pharmacy your first stop to help with:

- Coughs and colds
- Upset tummy
- Minor cuts, bumps and bruises
- Minor stings and bites

When to go to urgent treatment / walk-in centres

If your GP surgery is closed, or your child's condition is more urgent, but not life-threatening, then your local Urgent Treatment / Walk-in Centre has specialist nurses and doctors that can help. Many local centres have x-ray equipment too, which means you don't always need to attend A&E. Common conditions that can be treated here include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties (asthma / group / bronchiolitis)
- Suspected fractures
- Uncontrolled fever

When to go to a doctor

If you are worried about your child's health, then you should speak to your GP first. Out of hours, you can call 111 who will help to decide whether your child needs to be seen right away or if the issue can wait to be treated the next day by your own family doctor.

Common illnesses that can be treated by your GP are:

- Persistent coughs
- Skin infections
- Eye infections
- Ear pain

When to go to A&E

Accident and Emergency is for people with life-threatening illness or injury, so if you think your child needs immediate attention, then you should attend A&E.

Conditions that require immediate attention include:

- Shortness of breath or working hard to breathe
- Resulting in drawing in of the chest when breathing or making a grunting noise
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions causing swelling of the face, lips, eyes or tongue, fainting
- Serious animal bites
- Infants under 2 months of age with a fever
- Blue or purple lips, skin or fingernails
- Uncontrolled pain

If your child is struggling to breathe or loses consciousness, you should call 999

Urgent Treatment & Walk-in Centres

Your local centre is closer than you think. Open 365 days a year, including bank holidays, to treat all sorts of urgent illnesses and injuries.

St Helens Urgent Treatment Centre
Monday to Saturday 7am-10pm
Sunday & Bank Holidays 9am-10pm

Widnes Urgent Treatment Centre
Monday to Sunday 8am-9pm

Huyton NHS Walk-in Centre
Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

Runcorn Urgent Treatment Centre
Monday to Sunday 8am-9pm

Kirkby NHS Walk-in Centre
Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

Halewood NHS Walk-in Centre
Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

IS MY CHILD TOO ILL FOR SCHOOL?

yes *until...*

CHICKENPOX	At least 5 days from the onset of the rash and until all blisters have crusted over.
DIARRHOEA AND VOMITING	48 hours after their last episode.
HIGH TEMPERATURE	If your child has a high temperature, keep them off school until it goes away.
IMPETIGO	Their sores have crusted and healed, or 48 hours after they started antibiotics.
MEASLES	4 days after the rash first appeared.
MUMPS	5 days after their swelling started.
SCABIES	They've had their first treatment.
SCARLET FEVER	24 hours after they started taking antibiotics.
WHOOPIING COUGH	48 hours after they started taking antibiotics.

NO

CONJUNCTIVITIS	You don't need to keep your child away from school if they have conjunctivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.
COUGHS & COLDS	It's fine to send your child to school with a minor cough or common cold.
HAND, FOOT & MOUTH	If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.
HEAD LICE	There's no need to keep your child off school. You can treat head lice and nits without seeing your GP.
THREADWORMS	Speak to your pharmacist, who can recommend treatment.
SORE THROAT TONSILLITIS	You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away.
SLAPPED CHEEK	You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious.



ASDA Cashpot for schools

If you shop at ASDA, please consider selecting us as your chosen school as this will help our school cashpot to grow.

**you scan,
we donate
££s TO
SCHOOLS.**



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#)

[Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



MUSIC SERVICE ENSEMBLES AT ST HELENS TOWN HALL 2024 - 25 FREE!

TUESDAY...

ROCK & POP BAND

4.30PM - 5.50PM

WEDNESDAY

WIDER OPPORTUNITIES BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE WIND BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE STRINGS

4PM - 5PM

WEDNESDAY

MUSIC THEORY CLUB

4PM - 5PM

WEDNESDAY

YOUTH WIND ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

5.15PM - 6.30PM

WEDNESDAY

MUSIC THEORY CLUB

5.15PM - 6.30PM



**ST HELENS
COUNCIL
MUSIC
SERVICE**

INSPIRING MUSICAL CREATIVITY

FOR EVERY CHILD AND YOUNG PERSON WE WORK WITH



@sthelensmusic



@sthelensmusicervice

**01744
677946**

music.service@sthelens.gov.uk

**SCAN THE QR CODE
BELOW TO JOIN AND
REGISTER TODAY**





See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church
Vincent Street, St Helens WA10 1LF

For a **small weekly fee** local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts



Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/coffee and toast while you wait.



Opening times:
Tuesday

 www.yourlocalpantry.co.uk

 @Hopesthelens  @Hopesthelens

You can also call us on 01744 264 14

Could you foster?



Together we can help change the life of a child.

Foster with St Helens Borough council, we are **OFSTED** graded **GOOD** and judged to be **OUTSTANDING** for our care leavers

Tel: 03456460098

Email: Enquiry@foster4.co.uk



F4 FOSTER

St Helens
Borough Council

sthelens.gov.uk/fostering

ST HELENS
BOROUGH COUNCIL