



Holy Cross Catholic Primary School

31/01/2025

Charles Street, St. Helens, WA10 1LN

holycross@sthelens
@holycrosssthe1

Y4 Loved the assembly and workshop with @CAFODSchools and finding out about the Jubilee Year 2025!



holycross@sthelens @holycrosssthe1 · Jan 27

Jubilee Launch Day 2025! 🙏❤️ thank you @CAFODSchools



Y2 thoroughly enjoyed their workshop with @CAFODSchools and finding out about the Jubilee Year 2025 #BigLentWalk



holycross@sthelens
@holycrosssthe1

Y6 thoroughly enjoyed their Pilgrimage workshop with @CAFODSchools this morning 🙏❤️🌍 #BigLentWalk



holycross@sthelens
@holycrosssthe1

We had a wonderful @CAFOD Pilgrims of Hope for the Jubilee. Thank you for such a lovely morning.



holycross@sthelens @holycrosssthe1 · 19h



We Care, We Share, We Value.



Virtues to Live by: Simplicity

Simplicity—By living simply you will come to know what really matters in your life and be less afraid of not having more and more things. When you live simply you don't look out for the next thing to buy or follow. Little by little you realise that you don't need that many things to live a happy life. Living simply gives you time to think of others, do good and care for creation. Living simply helps you put more trust in God.

"For where your treasure is, there your heart will be also." (Matthew 6:21)

"Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart." (Philippians 4:6)

By living simply and having faith in what the Lord has for us, we can live more freely without worry or fear. For we know the plan that He has for us will not steer us wrong. Trust in God He is all we need, let material possessions have but little importance to us for we are safe in his hands.



Our Virtue to Live by:

Simplicity

I know what really matters in life.

I can give time to think of others, do good and care for creation.

Living simply helps me put more trust in God.

*"For where your treasure is, there your heart will be also."
(Matthew 6:21)*



Virtues to Live by

I live simply

when

I understand simple things can make me happy.

I am thankful for all I have.

I can work, play, rest and pray each day.

I take care of my belongings and those of others.

I share my things with those who need my help.

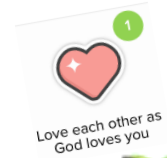
I do not waste food or resources.

I only take what I need.

Some pupils from Y5 have been taking part in weekly Fire Champion workshops with St. Helens Fire Service. They have been getting support from Adam, Scott, Ben and Jack, who invited them for a tour around the fire engine and to take a closer look at some of the specialist equipment on the truck. We want to say a huge **THANK YOU**. We loved meeting the crew and exploring the fire truck—our pupils loved it and we now have quite a few budding firefighters as a result!



House Teams Weekly Points



16,758

16,872

17,145

16,577

Leader Board Totals

Charity

Hope

Faith

Peace

724

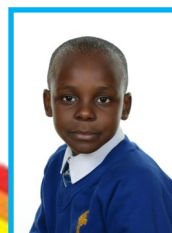
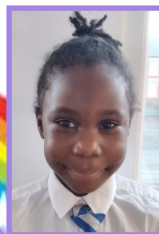
883

768

841



STARS OF THE WEEK



Attendance

School Matters!



Attend Today, Achieve Tomorrow

Our whole school attendance this week is

96.3%

The Government set target is 97%.

Well done to

Year 1

for having the best attendance this week with

98%

Attendance this week

Nursery	93%
Reception	95%
Year 1	98%
Year 2	95%
Year 3	97%
Year 4	97%
Year 5	96%
Year 6	93%

Getting Your Child to School Really Matters



Did You Know... ?

In a School Year, If Your Child is Late Every Day By...

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day,
we celebrate how blessed the world
became when God gave us you.



©WishesMsg.com

Jake Heffernan

Miss Redcliffe

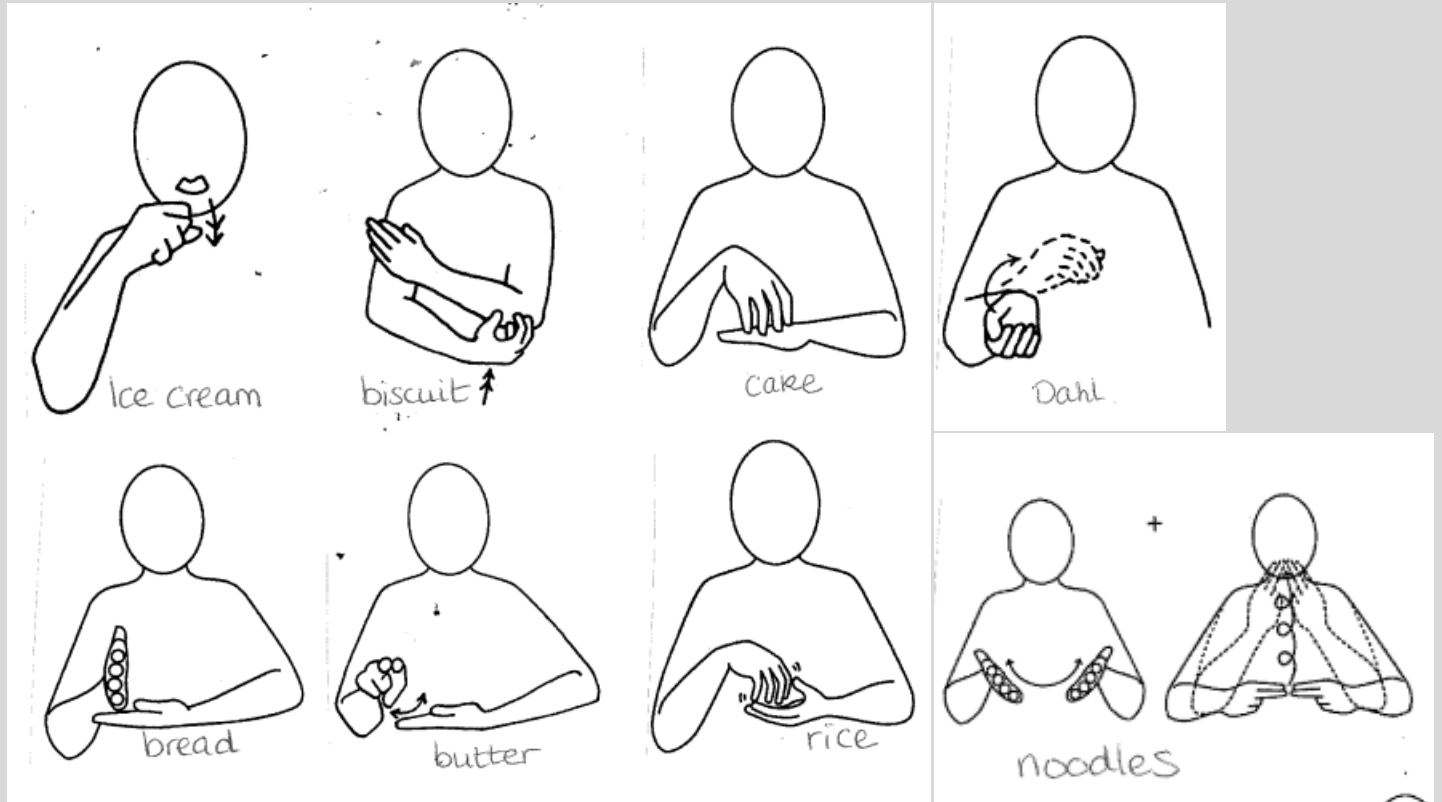
Mrs Flood

Mrs Slater

We Care, We Share, We Value.

Sign with us!

Each week children develop their basic sign language skills so that as a school family we can all communicate with members of our school who use BSL and Makaton.



Language of the Month: Malayalam

We have 17 languages spoken amongst our school family. Each month we explore a different language from our diverse school community.

English Words	Pronunciation	Malayalam Words
Yes!	ate	അതെ
Sure!	uṛappāṇ	ഉറപ്പാണ്
Here you go!	iviṭe ārambhikkunnu	ഇവിടെ ആരംഭിക്കുന്നു
You got it!	ninakk manas'silāyi.	നിനക്ക് മനസ്സിലായി.
Ok!	śari	ശരി
No, thanks.	vēṇṭa, nandi	വേണ്ട, നന്ദി
No, but thank you.	illa, pakṣē nandi	ഇല്ല, പക്ഷേ നന്ദി
No way.	oru vajiyumilla	ഒരു വഴിയുമില്ല

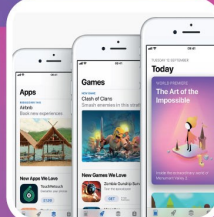


**National
Online
Safety**

Publish date: 24/10/18



'Apps' are designed to run on certain devices and are written for a specific operating system, such as Apple iOS, Windows, or Android. The official store for the Apple iOS operating system is known as the 'App Store' and it's where you can browse and download more than 2 million apps and games to use on the iPad, iPhone, iPod Touch and other Apple devices. When your children are using the app store, you need to be aware of the risks...



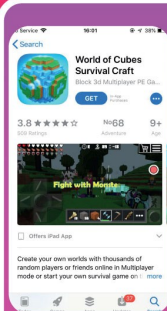
What parents need to know about THE APP STORE

IS YOUR CHILD 13+?

To download and buy apps from the App Store, your child will need an Apple ID. If they have used other Apple services, such as iCloud, they can sign into the App Store with the same Apple ID. If they are aged 13 and under, they cannot sign up for an Apple ID on their own, but an adult can create an Apple ID for a child.

IN-APP PURCHASES

Apps are either free, paid-for or free with in-app purchases. In-app purchases are optional transactions that can unlock extra functionality, virtual goods or unique content. Unless you change the settings, once your child has entered a password to make an in-app purchase, they can make additional purchases for 15 minutes without re-entering a password. This makes it extremely easy for children to accidentally run up huge bills.



LOOKALIKE APPS

Some developers release apps that copy the functionality, user interface and even product names and branding of popular apps, in an attempt to trick unsuspecting users to install them. By downloading an app from an unknown developer, your child could find their device compromised. Experts warn that through app permissions, hackers can potentially take photos using the camera and access media remotely, track your child's location, record any passwords they enter for other accounts, and send text messages from phones.

INAPPROPRIATE APPS

Some apps and games have content that is unsuitable for younger children – even the most popular or innocuous looking apps may feature adult-themed content, violence or cruelty to other people or animals, unmoderated chat, pornographic or sexual content.

THIRD-PARTY APP STORES

Because the official Apple App Store has a very stringent policy about what apps it approves, children may look elsewhere for apps and games they've heard about from friends. As well as the Apple App Store for iOS, there are hundreds of other third-party app stores, but the danger is they may not apply the same level of scrutiny toward the apps they allow to be listed. There's a higher chance of apps that infect devices with malicious codes or put user privacy at risk by extracting sensitive information.



Top Tips for Parents



CREATE YOUR CHILD'S ACCOUNT

You can create an Apple ID for a child under 13 and add them to your family group to keep an eye on their activity. Go to Settings > [your name] > Family Sharing > Add Family Member > Create a Child Account > Next. Enter your child's birthday and tap Next. Review the Parent Privacy Disclosure and tap Agree. With Family Sharing, you can add up to six family members to share App Store purchases, as well as iTunes and Apple Books.

SWITCH ON 'ASK TO BUY'

If you have a child that is over 13 years of age and has their own Apple account, make sure that you only allow them to make purchases with gift cards. You can also activate the 'Ask to Buy' feature if you are using Family Sharing, so that whenever a family member who isn't an adult initiates a new purchase, a request goes to the account organiser. You can also limit what content your child can access on the devices they use.

RESTRICT IN-APP PURCHASES

You can restrict your child's ability to make in-app purchases. On an iOS device, open Settings, tap General and then Restrictions. Tap 'Enable Restrictions'. You can put a limitation that requires a password every time there is a purchase made in the App Store or iTunes Store.

BROWSE APPS BY AGE

To find apps and games that are right for your children, check the age ratings. On an iPhone or iPod Touch, this can be found in the information section on an app's product page, and on an iPad or desktop, the age range is near the Buy button. On the Kids page, you can find apps for age ranges, including 5 and under, 6 to 8, and 9 to 11.

AVOID OTHER APP STORES

Put a rule in place that your child can only use the official App Store to download apps and games. Explain why it is wise to only install applications from a trusted source to ensure their device is not affected by security issues or virus attacks.

HOW TO KNOW AN APP IS SAFE TO INSTALL

Advise your child that just because they're downloading an app from an official store, it doesn't make it safe. Fake or copycat apps will often include misspelt words and poor grammar, so always read the app description, and double check the developer name and title for warning signs. Be wary of apps that come with a long list of permission requests. Check the app's reviews and ratings – one star, one-line reviews complaining that an app didn't work on a certain device, or that there was a billing issue, is not a good indication.

SPOT FAKE REVIEWS

When checking the customer reviews within the app store, make sure they aren't vague and generic, or overly effusive, as some developers will try to manipulate their app's positions by posting fake ratings and reviews. Check the number of downloads the app claims to have – the higher the number, the more likely it is to be safe. Your child can also check the company's website to see if the app is as advertised.

SOURCES: <https://www.engadget.com/2017/12/18/fake-cuphead-itunes/> & <https://mashable.com/2017/11/06/fake-whatsapp-app-google-play-store-android/?europa=true>



Swimming—Wednesday's

Y5 need their swimming kit in school every Wednesday—the coach leaves at 9.00am

Lunch Clubs

Rosary Club—Monday 12.30-1.00
 Minnie Vinnies—Tuesday 12.30-1.00
 Rota Kids—Thursday 12.30-1.00
 Young Carers—Friday 12.30-1.00

School clubs

KS2 Dodgeball—Monday 3.30-4.15pm
 Y1-Y6 Mindfulness—Tuesday 3.30-4.00pm
 Choir Y3-Y6—Wednesday 3.30-4.00pm
 Multi-Skills Y1—Wednesday 8.00-8.40am
 KS2 Books on film—Wednesday 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2024/2025

Term	School opens on:	School closes on:
Autumn term 2023	3rd September	25th October
	4th November	20th December
Spring term 2024	6th January	14th February
	24th February	4th April
Summer term 2024	22nd April	23rd May
	2nd June	16th July
Inset days	2nd September 17th & 18th July 21st & 22nd July <u>Bank Holidays</u> 18th April 21st April 5th May	

Year Group	Homework
N	Library book read to them (each night) Talking task – phase one phonics (weekly) Practical maths (weekly)
R	Reading (each night) Reading & spelling tricky words practice (weekly) Number (weekly)
KS1	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)
KS2	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)

CYPMHS Crisis Response service as they have had some updates.

This service is for Children & Young People who are in need of immediate assistance for their **mental health or behaviour.**

<https://www.merseycare.nhs.uk/our-services/warrington/child-and-adolescent-mental-health-service-crisis-response->



Friendly February 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



2 Ask a friend how they have been feeling recently

3 Do an act of kindness to make life easier for someone

4 Invite a friend over for a 'tea break' (in person or virtual)

5 Make time to have a friendly chat with a neighbour

6 Get back in touch with an old friend you've not seen for a while

7 Show an active interest by asking questions when talking to others

8 Share what you're feeling with someone you really trust

9 Thank someone and tell them how they made a difference for you

10 Look for good in others, particularly when you feel frustrated with them

11 Send an encouraging note to someone who needs a boost

12 Focus on being kind rather than being right

13 Smile at the people you see and brighten their day

14 Tell a loved one or friend why they are special to you

15 Support a local business with a positive online review or friendly message

16 Check in on someone who may be struggling and offer to help

17 Appreciate the good qualities of someone in your life

18 Respond kindly to everyone you talk to today, including yourself

19 Share something you find inspiring, helpful or amusing

20 Make a plan to connect with others and do something fun

21 Really listen to what people say, without judging them

22 Give sincere compliments to people you talk to today

23 Be gentle with someone who you feel inclined to criticise

24 Tell a loved one about the strengths that you see in them

25 Thank three people you feel grateful to and tell them why

26 Make uninterrupted time for your loved ones

27 Call a friend to catch up and really listen to them

28 Give positive comments to as many people as possible today



ACTION FOR HAPPINESS

Happier · Kinder · Together

Neurodevelopment pathway drop ins beginning February 2025

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process.

You don't need to be using our service, you can drop in if you have any questions to ask about this.

We look forward to meeting you.

11 February at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

18 February at Newton Family Hub, 1pm to 4pm.

25 February at Central Link Family Hub, 1pm to 4pm.

11 March at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

18 March at Newton Family Hub, 1pm to 4pm.

25 March at Central Link Family Hub, 1pm to 4pm.

8 April at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

15 April at Newton Family Hub, 1pm to 4pm.

22 April at Central Link Family Hub, 1pm to 4pm.

Sutton Family Hub, Ellamsbridge Road, Sutton, St Helens, WA9 3PY
Parr Children's Centre, Ashton's Green Drive, Parr, St Helens, WA9 2AP
Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF



Sleep Charity Referral for St Helens Sleep Pathway

Your chance to work directly with our sleep practitioners who are here to help you and your child sleep better



Use the following QR code or link to book one of our 1-2-1 sleep clinic appointments, available via telephone or video calls

<https://ecv.microsoft.com/C35gdv6YBj>

Why not book on our Foundation Sleep Workshop?

Free training that provides you with knowledge around sleep, some of the common reasons for poor sleep and how you can help to improve your child's sleep

To book, please contact brian@thesleepcharity.org.uk

For more information on the local St Helens sleep pathway and accessing support, or for any concerns you may have regarding your child's sleep patterns, then please contact your health visitor, school nurse, early help worker or children's centre

Children's information support available here:
<https://thesleepcharity.org.uk/information-support/children/>

03303 530 541
Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

Is my child too ill for school?

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a high temperature, keep them off school until it goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Does your child need care this winter?



If your child is ill it can be a worrying time, but lots of childhood illnesses can be treated quickly and effectively at home or by accessing the right healthcare service. Here is our handy guide to services available in your area. By choosing the right service you can help your little one feel better, quicker.

Online symptom checker

Our friends at Alder Hey have created an online symptom checker with lots of useful advice on common symptoms in children. Visit the website: www.alderhey.nhs.uk/symptom-checker. You can then decide where best to get the right care for your child.

When to go to a pharmacy

Your local pharmacy can offer advice and has a wide range of over-the-counter medicines that can help treat common illnesses. Make the pharmacy your first stop to help with:

- Coughs and colds
- Upset tummy
- Minor cuts, bumps and bruises
- Minor stings and bites

When to go to urgent treatment / walk-in centres

If your GP surgery is closed, or your child's condition is more urgent, but not life-threatening, then your local Urgent Treatment / Walk-in Centre has specialist nurses and doctors that can help. Many local centres have x-ray equipment too, which means you don't always need to attend A&E. Common conditions that can be treated here include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties (asthma / croup / bronchiolitis)
- Suspected fractures
- Uncontrolled fever

When to go to a doctor

If you are worried about your child's health, then you should speak to your GP first. Out of hours, you can call 111 who will help to decide whether your child needs to be seen right away or if the issue can wait to be treated the next day by your own family doctor.

Common illnesses that can be treated by your GP are:

- Persistent coughs
- Skin infections
- Eye infections
- Ear pain

When to go to A&E

Accident and Emergency is for people with life-threatening illness or injury, so if you think your child needs immediate attention, then you should attend A&E.

Conditions that require immediate attention include:

- Shortness of breath or working hard to breathe
- Resulting in drawing in of the chest when breathing or making a grunting noise
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions causing swelling of the face, lips, eyes or tongue, fainting
- Serious animal bites
- Infants under 2 months of age with a fever
- Blue or purple lips, skin or fingernails
- Uncontrolled pain

If your child is struggling to breathe or loses consciousness, you should call 999

Urgent Treatment & Walk-in Centres

Your local centre is closer than you think. Open 365 days a year, including bank holidays, to treat all sorts of urgent illnesses and injuries.

St Helens Urgent Treatment Centre
Monday to Saturday 7am-10pm
Sunday & Bank Holidays 9am-10pm

Widnes Urgent Treatment Centre
Monday to Sunday 8am-9pm

Huyton NHS Walk-in Centre
Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

Runcorn Urgent Treatment Centre
Monday to Sunday 8am-9pm

Kirkby NHS Walk-in Centre
Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

Halewood NHS Walk-in Centre
Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

IS MY CHILD TOO ILL FOR SCHOOL?

yes *until...*

CHICKENPOX	At least 5 days from the onset of the rash and until all blisters have crusted over.
DIARRHOEA AND VOMITING	48 hours after their last episode.
HIGH TEMPERATURE	If your child has a high temperature, keep them off school until it goes away.
IMPETIGO	Their sores have crusted and healed, or 48 hours after they started antibiotics.
MEASLES	4 days after the rash first appeared.
MUMPS	5 days after their swelling started.
SCABIES	They've had their first treatment.
SCARLET FEVER	24 hours after they started taking antibiotics.
WHOOPIING COUGH	48 hours after they started taking antibiotics.

NO

CONJUNCTIVITIS	You don't need to keep your child away from school if they have conjunctivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.
COUGHS & COLDS	It's fine to send your child to school with a minor cough or common cold.
HAND, FOOT & MOUTH	If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.
HEAD LICE	There's no need to keep your child off school. You can treat head lice and nits without seeing your GP.
THREADWORMS	Speak to your pharmacist, who can recommend treatment.
SORE THROAT TONSILLITIS	You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away.
SLAPPED CHEEK	You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious.



ASDA Cashpot for schools

If you shop at ASDA, please consider selecting us as your chosen school as this will help our school cashpot to grow.

**you scan,
we donate
££s TO
SCHOOLS.**



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#)

[Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



MUSIC SERVICE ENSEMBLES AT ST HELENS TOWN HALL 2024 - 25 FREE!

TUESDAY...

ROCK & POP BAND

4.30PM - 5.50PM

WEDNESDAY

WIDER OPPORTUNITIES BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE WIND BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE STRINGS

4PM - 5PM

WEDNESDAY

MUSIC THEORY CLUB

4PM - 5PM

WEDNESDAY

YOUTH WIND ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

5.15PM - 6.30PM

WEDNESDAY

MUSIC THEORY CLUB

5.15PM - 6.30PM



ST HELENS
COUNCIL
MUSIC
SERVICE

INSPIRING MUSICAL CREATIVITY

FOR EVERY CHILD AND YOUNG PERSON WE WORK WITH



@sthelensmusic



@sthelensmusicervice

**01744
677946**

music.service@sthelens.gov.uk

SCAN THE QR CODE
BELOW TO JOIN AND
REGISTER TODAY





See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church
Vincent Street, St Helens WA10 1LF

For a **small weekly fee** local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts



Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/coffee and toast while you wait.



Opening times:
Tuesday

 www.yourlocalpantry.co.uk

 @Hopesthelens  @Hopesthelens

You can also call us on 01744 264 14

Could you foster?



Together we can help change the life of a child.

Foster with St Helens Borough council, we are **OFSTED** graded **GOOD** and judged to be **OUTSTANDING** for our care leavers

Tel: 03456460098

Email: Enquiry@foster4.co.uk



F4 FOSTER

St Helens
Borough Council

sthelens.gov.uk/fostering

ST HELENS
BOROUGH COUNCIL