



Holy Cross Catholic Primary School

Charles Street, St. Helens, WA10 1LN

04/04/2025



CLASS

dojo



Dojo Champions

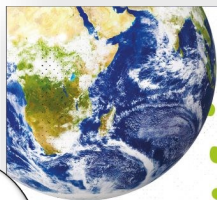


Take a look at our Dojo Champions. What a line up of super stars!

These children have achieved the highest number of Dojo points given this half term for their year group.

Our Dojo champions received certificates and a prize and will enter the end of year Dojo Master Competition.

We Care, We Share, We Value.



**Thank you for
coming to see our
Concerts for
CAFOD!**
**You have helped
us to raise over
£310 and still counting!**



Lent prayer intentions

Use our Lent prayer intentions, and colour in each leaf, as a family everyday from Ash Wednesday to Easter Sunday.

ASH WEDNESDAY

1. Pray for people who are hungry.
2. Pray for people who are sick.
3. Pray for lonely people
4. Thank God for the gift of creation
5. Pray for people without a safe home.
6. Pray for refugees.
7. Pray for your friends.
8. Pray for your family.
9. Pray for your Church community.
10. Thank God for something that brings you joy.
11. Pray for the government.
12. Pray the 'Glory Be...' today.
13. Pray for your neighbours.
14. Pray for someone you love.
15. Pray for people in places where there is conflict or war.
16. Pray for creation to be cared for.
17. Pray for people in your class at school or your workplace.
18. Pray for a more just and fair world.
19. Pray for people suffering because of climate change.
20. Pray for people without access to safe, clean water.
21. Thank God for your family and friends.
22. Ask a saint to pray for you today.
23. Pray the 'Our Father' today.
24. Pray for people who don't have a job.
25. Pray for your teachers or mentors.
26. Pray for mothers and the people who care for us.
27. Pray for people who are treated badly because of their beliefs.
28. Pray for world leaders.
29. Tell God something you are sorry for.
30. Pray for children who can't go to school.
31. Pray that God will help you make good choices.
32. Pray for people who are poor.
33. Pray for someone who has hurt or upset you.
34. Pray for people in prison.
35. Pray for the Pope.
36. Pray for the elderly.
37. Pray for people affected by flooding.
38. Pray for someone you find difficult.
39. Thank God for your food today.
40. Pray for peace in the world.
41. Pray for Christian unity.
42. Pray for people affected by droughts
43. Ask Mary to pray for you and say the 'Hail Mary...'
44. Pray for an end to racism and prejudice.

MAUNDY THURSDAY

45. Pray for people who are grieving or sad.

GOOD FRIDAY

46. Pray that you will be close to Jesus today.

HOLY SATURDAY

47. Pray for patience and hope.

EASTER SUNDAY

48. Thank God for the new life that Jesus brings.

Charity no 1160384 and a company limited by guarantee no 09387398.

CAFOD
Catholic Agency for Overseas Development



Virtues to Live by: Forgiveness

Forgiveness

To give someone another chance after they have done something wrong so they can make a new start. When we forgive we let go of our feelings of resentment, anger and revenge. When we forgive we show our love for the person rather than focusing on the wrong. When we forgive someone we show that our relationship with them is more important than the wrong they have done. We also need to forgive ourselves so that we do not give up when we have done wrong or made a mistake, but have the courage to act differently and have faith that, with God's help, we can change.

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." (Colossians 3:13)



*Well done to our Virtues
winner this week, for
living out our virtue and
being a shining example
of forgiveness.*

Our Virtue to Live by:

Forgiveness

I accept God's forgiveness.

I show my love for God by forgiving others and myself.

I let go of my hurt feelings and give myself a new start.

I give others a new start.

"Forgive as the Lord forgave you." (Colossians 3:13)



Virtues to Live by

I forgive

when

I accept God's forgiveness

I can forgive others.

I accept forgiveness from others

I can change after I have made a poor choice

I know that with God's love I can change.

I have the courage to give myself and others a new start.

I understand that saying sorry is one way of making amends.

Year 1 presented their learning to the whole school in assembly:

Forgiveness is important for everyone.

We forgive those who do the wrong.

We forgive those who say the wrong thing.

But we must also learn to forgive OURSELVES.

Just as God forgives us.



Dojo Behaviour Reward



Each half term we have a reward day to recognise and celebrate the positive choices our pupils make in taking ownership of their own behaviour.

Children, we are so very proud of you and the positive contribution your behaviour and choices makes to those around you.

From all of your teachers — thank you for being a shining example of what makes a family!

Congratulations to our Gold Badge winners.

We are so proud of you—well done!



Demo Class

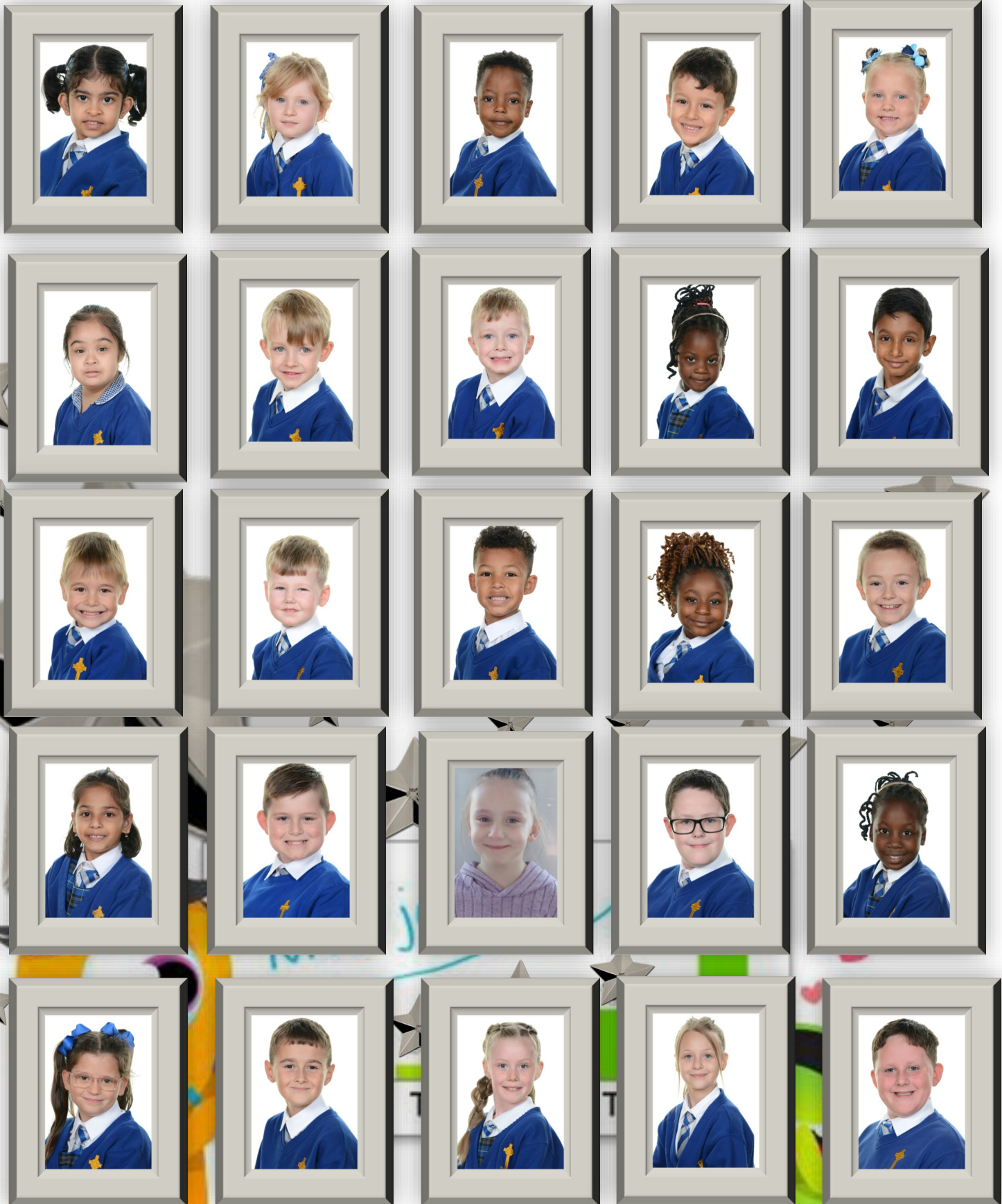
Attendance: Show all Show only positives Show only negatives Class settings Reset running points

Angelina Jolie 2	Bradley Pitt -4	Cameron Diaz 3
Denzel Washington 6	Dfdfdf	Efdfdf
Hugh Jackman 2	Johnny Depp	Matthew Damon 2
Paul +1 for e		



**Congratulations to our Silver Badge
winners.**

We are so proud of you—well done!



Congratulations to our Silver Badge winners.

We are so proud of you—well done!



*Congratulations to our Bronze Badge
winners.*

We are so proud of you—well done!



*Congratulations to our Bronze Badge
winners.*

We are so proud of you—well done!



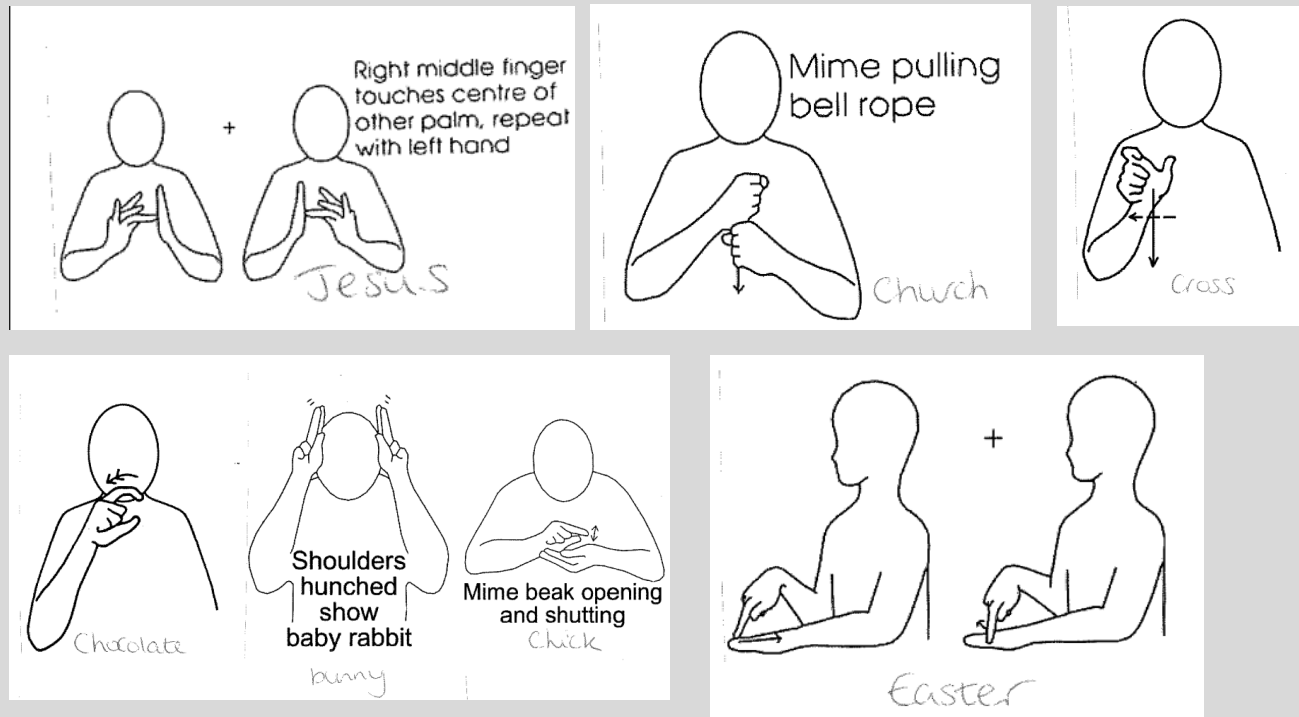
*Congratulations to our Bronze Badge
winners.*

We are so proud of you—well done!



Sign with us!

Each week children develop their basic sign language skills so that as a school family we can all communicate with members of our school who use BSL and Makaton.



Language of the Month:

Romanian

We have 17 languages spoken amongst our school family. Each month we explore a different language from our diverse school community.

This month we are learning: Romanian

Bună
(Hello)

La revedere
(Goodbye)

Ce mai faci?
(How are you?)

Bună dimineața
(Good morning!)

Ești binevenit
(You're welcome)

Bine
(I am great)

Mulțumesc
(Thank you)

Vă rog
(please)

Mă puteți ajuta
(Can you help me?)

Numbers 1 to 10

One - Unu

Two - Doi

Three - Trei

Four - Patru

Five - Cinci

Six - Șase

Seven - Șapte

Eight - Opt

Nine - Nouă

Ten - Zece

What Parents & Educators Need to Know about

INSTAGRAM

AGE RESTRICTION
13+

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

WHAT ARE THE RISKS?

EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

RISKS OF GOING LIVE

The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

Advice for Parents & Educators

USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.

OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Attendance

School Matters!



Attend Today, Achieve Tomorrow

Our whole school attendance this week is

95.1%

The Government set target is 97%.

Well done to

Year 2

for having the best attendance this week with

100%

Attendance this week

Nursery	90%
Reception	92%
Year 1	94%
Year 2	100%
Year 3	97%
Year 4	92%
Year 5	95%
Year 6	93%

Getting Your Child to School Really Matters



Did You Know... ?

In a School Year, If Your Child is Late Every Day By...

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day,
we celebrate how blessed the world
became when God gave us you.



©WishesMsg.com

Jax Dagnall

David Gatini

Carter Jones

Alphonsa Praveen

Grace Fox

Logan McCulloch

Lucy Green

Vietanh Nguyen

Isabelle Hill

Alfie Hodgson

Oliver Rylance

Isaac-Lee O'Mahoney

Miss Owens

We Care, We Share, We Value.

Swimming—Wednesday's

Y4 need their swimming kit in school every Wednesday—the coach leaves at 9.00am

Lunch Clubs

Rosary Club—Monday 12.30-1.00
 Minnie Vinnies—Tuesday 12.30-1.00
 Rota Kids—Thursday 12.30-1.00
 Young Carers—Friday 12.30-1.00

School clubs

KS2 Dodgeball—Monday 3.30-4.15pm
 Y1-Y6 Mindfulness—Tuesday 3.30-4.00pm
 Choir Y3-Y6—Wednesday 3.30-4.00pm
 Multi-Skills Y1—Wednesday 8.00-8.40am
 KS2 Books on film—Wednesday 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2024/2025

Term	School opens on:	School closes on:
Autumn term 2023	3rd September	25th October
	4th November	20th December
Spring term 2024	6th January	14th February
	24th February	4th April
Summer term 2024	22nd April	23rd May
	2nd June	16th July
Inset days	2nd September 17th & 18th July 21st & 22nd July <u>Bank Holidays</u> 18th April 21st April 5th May	

Year Group	Homework
N	Library book read to them (each night) Talking task – phase one phonics (weekly) Practical maths (weekly)
R	Reading (each night) Reading & spelling tricky words practice (weekly) Number (weekly)
KS1	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)
KS2	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)

CYPMHS Crisis Response service as they have had some updates.

This service is for Children & Young People who are in need of immediate assistance for their **mental health or behaviour.**

<https://www.merseycare.nhs.uk/our-services/warrington/child-and-adolescent-mental-health-service-crisis-response->



Active April 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

3 Listen to your body and be grateful for what it can do

4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

8 Give your body a boost by laughing or making someone laugh

9 Turn your housework or chores into a fun form of exercise

10 Have a day with less screen time and more movement

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Plant some seeds and encourage growth

18 Try out a new exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

26 Take an extra break in your day and walk outside for 15 minutes

27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat

29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today



ACTION FOR HAPPINESS

Happier · Kinder · Together

MUSIC SERVICE ENSEMBLES AT ST HELENS TOWN HALL

2024 - 25 FREE!

TUESDAY...

ROCK & POP BAND

4.30PM - 5.50PM

WEDNESDAY

WIDER OPPORTUNITIES BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE WIND BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE STRINGS

4PM - 5PM

WEDNESDAY

MUSIC THEORY CLUB

4PM - 5PM

WEDNESDAY

YOUTH WIND ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

5.15PM - 6.30PM

WEDNESDAY

MUSIC THEORY CLUB

5.15PM - 6.30PM



ST HELENS COUNCIL
MUSIC SERVICE

INSPIRING MUSICAL CREATIVITY
FOR EVERY CHILD AND YOUNG PERSON WE WORK WITH



@sthelensmusic



@sthelensmusicservice

01744
677946

musicservice@sthelens.gov.uk

SCAN THE QR CODE
BELOW TO JOIN AND
REGISTER TODAY





Skydive

FOR WILLOWBROOK

SATURDAY 3RD MAY 2025



£25 REGISTRATION FEE
INCLUDES T-SHIRT
RAISE £600 IN SPONSORSHIP
Black Knights Skydiving Centre

SCAN ME



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Hospice Every Contact Counts
Registered Charity No. 1020240



www.willowbrook.org.uk



01744 453798



Registered with
FUNDRAISING
REGULATOR



#SmallReadsBigDreams



ST HELENS
BOROUGH COUNCIL



READING FOR PLEASURE

**Fun for the whole family with weekly themes
focused on reading for pleasure.**

**Enjoy games, get advice from the library
outreach team, and borrow books for all.**

Parr Children's Centre
Wednesdays, 3.30pm - 4.30pm
April 23rd until May 21st 2025



Central Link Family Hub
Thursdays, 3.30pm - 4.30pm
April 24th until May 22nd 2025



@STHLibraries



@sthlibrariesandarts

Booking is essential email
paulineglover@sthelens.gov.uk or
katestephenson@sthelens.gov.uk

ASDA Cashpot for schools

If you shop at ASDA, please consider selecting us as your chosen school as this will help our school cashpot to grow.

**you scan,
we donate
££s TO
SCHOOLS.**



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#)

[Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



Download on the
App Store



GET IT ON
Google Play

See Miss Davies for more information on main meals for the family for £4 per week.



Wesley Methodist Church
Vincent Street, St Helens WA10 1LF

For a **small weekly fee** local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts

Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/ coffee and toast while you wait.



www.yourlocalpantry.co.uk

[f @Hopesthelens](https://www.facebook.com/Hopesthelens)

[@Hopesthelens](https://www.twitter.com/Hopesthelens)

You can also call us on 01744 264 14