



Holy Cross

Catholic Primary School

Charles Street, St. Helens, WA10 1LN

02/05/2025

unicef
UNITED KINGDOM



RIGHTS
RESPECTING
SCHOOLS

We are working towards becoming a Rights Respecting school. This will help teachers to talk to children of all ages about the big issues facing the world today, from the refugee crisis to climate change.



Together, young people and the school community learn about children's rights, putting them into practice every day. The Award is not just about what children do, but also, importantly, what adults do. In Rights Respecting Schools children's rights are promoted and realised, adults and children work towards this goal together.

We Care, We Share, We Value.

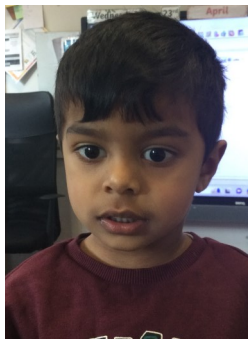


Virtues to Live by: Resilience

Definition of Resilience

To persevere is to do good when it becomes hard to do or obstacles are put in the way. A person with perseverance can be relied upon because they are committed to seeing things through to the end.

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." (Colossians 3:13)



Well done to our Virtues winner this week, for living out our virtue and being a shining example of resilience.

Our Virtue to Live by:

Perseverance and Resilience

I will not give up.

I will have faith and hope even when things are difficult.

"O God, put a steadfast spirit within me." Psalm 50:12



Virtues to Live by

You Persevere and you are Resilient

when

You don't let doubts stop you from trying.

You are not afraid because you know you are not alone.

You ask God to help you grow through your personal challenges.

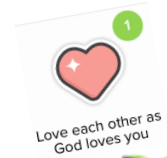
You take one step at a time – you keep going!

You complete what you start.

You are a reliable classmate.

Nursery shared what they have learned about the virtue of resilience and perseverance this week. We talked about how we should keep on trying, even when it gets hard and how God will help to guide us. Nursery performed a song in assembly which tells us that we should never give up!

House Teams



22,587

22,782

22,909

22,751

Leader Board Totals

Charity

Hope

Faith

Peace

692

706

677

784

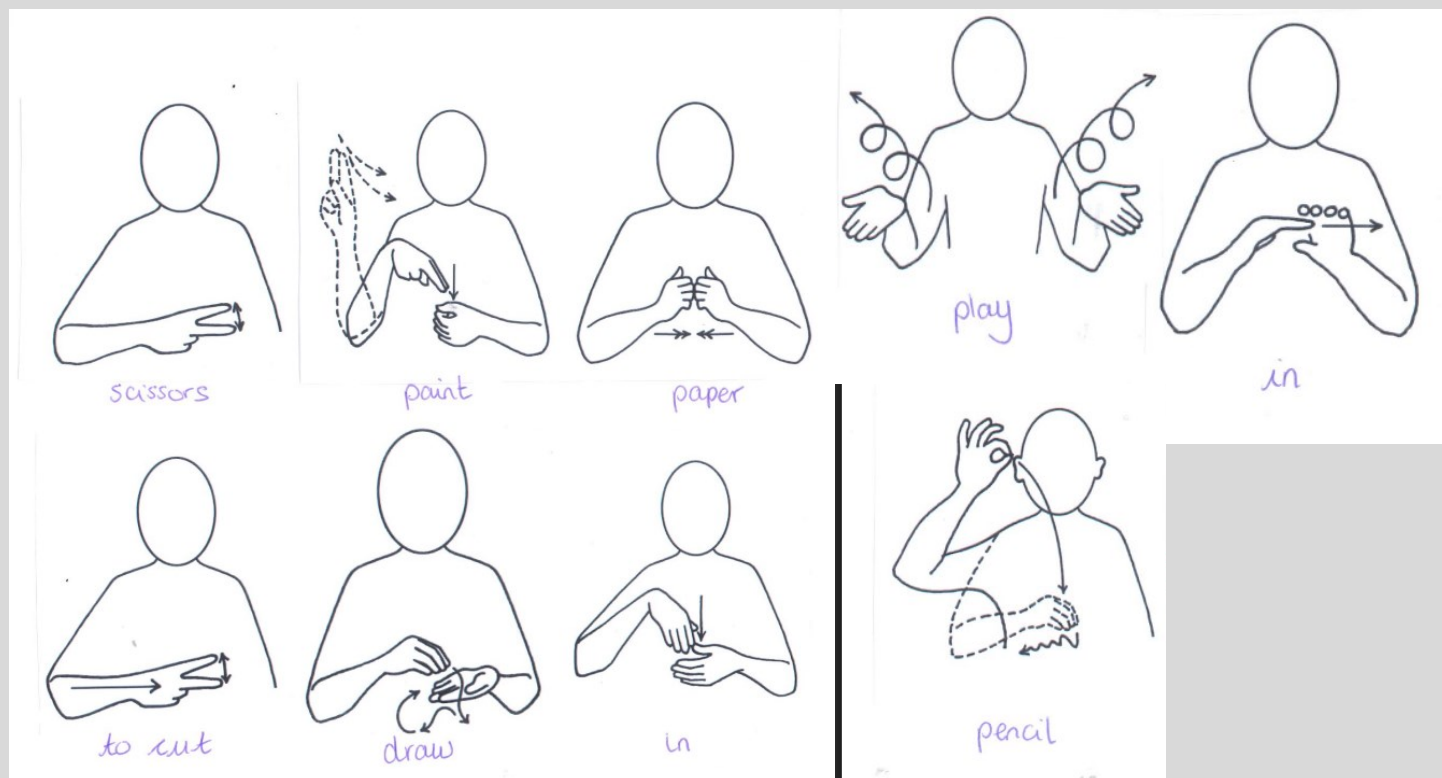


STARS OF THE WEEK



Sign with us!

Each week children develop their basic sign language skills so that as a school family we can all communicate with members of our school who use BSL and Makaton.



Language of the Month: Portuguese

We have 17 languages spoken amongst our school family. Each month we explore a different language from our diverse school community.

| | |
|-----------|-------------------------------|
| Welcome | Bem vindo |
| Hello | Olá |
| Goodbye | Tchau |
| Yes | Sim |
| No | Não |
| Thank you | Obrigado (m) /Obrigada (f) |

| | | |
|-------|---|--------|
| One | - | Um |
| Two | - | Dois |
| Three | - | Três |
| Four | - | Quatro |
| Five | - | Cinco |
| Six | - | Seis |
| Seven | - | Sete |
| Eight | - | Oito |
| Nine | - | Nove |
| Ten | - | Dez |

10 Top Tips for Parents and Educators

SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

1 TAKE PRACTICE JOURNEYS

Making 'practice' journeys with children is a great way to help them stay safe, thereby modelling responsible behaviours and having road safety conversations as they prepare to travel independently. Add hazard perception activities like spotting electric vehicles – which may have a green number plate – and point out how quiet they are. Children learn by watching others; remind them that their peers might not always be the best role models.

2 BE BRIGHT, BE SEEN

Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear light, bright or fluorescent clothing. When it's dark, wear reflective clothing or materials such as a reflective armband or jacket.

3 EYES UP

Encourage children to look up and keep their eyes on the road. Teach them to constantly watch for traffic and practise double-checking the road before crossing – looking right, left and then right again.

4 LIMIT DISTRACTIONS

Where possible, devices like phones should be kept away from children while out and about near roads. If they're carrying devices, these should be put away until they've reached their destination. Children must also avoid playing with toys or being distracted by friends. If a friend wants to show them something funny on their phone, there'll be time for that once they've safely arrived.

5 SLOW DOWN

Discuss the importance of waiting instead of crossing immediately. It can be tricky to judge the speed of traffic and spot obstacles that could cause a trip or a fall. For safety, children must stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should avoid crossing until they're certain they have plenty of time. Even if traffic seems a long way off, it could still be approaching very quickly.

6 STOP BEFORE THE KERB

Teach children to stop before reaching the kerb – not right at the edge of it. Halting before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road's edge but ensure they can still see approaching traffic.

7 CROSS SAFELY

Children should always find a safe spot to cross the road, prioritising zebra crossings or pelican crossings, footbridges and subways. Find a place where they can see traffic coming from both directions. Avoid crossing near junctions, bends in the road, or obstacles that block their view, instead moving to somewhere they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening while crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.

8 PARKED VEHICLES

Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way, and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't about to move, by looking for drivers in the vehicles and listening for engines running – but remember that electric vehicles may move off silently. They should always make sure there is a gap between any parked vehicles on the other side, so they can reach the pavement.

9 REVERSING VEHICLES

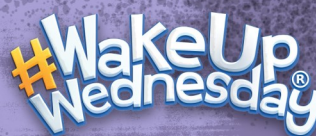
Children must never cross behind a reversing vehicle – it's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound or a radio playing inside the vehicle?

10 WAIT FOR THE BUS TO LEAVE

When getting off a bus, children must wait for it to leave before crossing so they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

Meet Our Expert

THINK! is a year-round national campaign that aims to encourage safe road behaviours – whether we're driving, cycling, horse riding or walking – with the aim of reducing the number of people killed and injured on the UK's roads each year. Find out more at: <https://www.think.gov.uk/education-resources/>



The National College®

Attendance

School Matters!



Attend Today, Achieve Tomorrow

Our whole school attendance this week is

94.3%

The Government set target is 97%.

Well done to

Reception & Year 5

for having the best attendance this week with

98%

Attendance this week

| | |
|------------------|------------|
| Nursery | 94% |
| Reception | 98% |
| Year 1 | 94% |
| Year 2 | 97% |
| Year 3 | 94% |
| Year 4 | 95% |
| Year 5 | 98% |
| Year 6 | 93% |

Getting Your Child to School Really Matters



Did You Know... ?

In a School Year, If Your Child is Late Every Day By...

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

| | | |
|-------------------|------------------------------|--------------------|
| 5 Minutes | 3.5 Days from School | 20 Lessons |
| 10 Minutes | 7 Days from School | 41 Lessons |
| 15 Minutes | 10 Days from School | 55 Lessons |
| 20 Minutes | 14.5 Days from School | 82 Lessons |
| 30 Minutes | 22 Days from School | 123 Lessons |

Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day,
we celebrate how blessed the world
became when God gave us you.



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Bella Pilling

Philip Briston

Emilie-Moira Lea-Johnson

We Care, We Share, We Value.

Swimming—Wednesday's

Y5 need their swimming kit in school every Wednesday—the coach leaves at 9.00am

Lunch Clubs

Rosary Club—Monday 12.30-1.00
 Minnie Vinnies—Tuesday 12.30-1.00
 Rota Kids—Thursday 12.30-1.00
 Young Carers—Friday 12.30-1.00

School clubs

KS2 Dodgeball—Monday 3.30-4.15pm
 Y1-Y6 Mindfulness—Tuesday 3.30-4.00pm
 Choir Y3-Y6—Wednesday 3.30-4.00pm
 Multi-Skills Y1—Wednesday 8.00-8.40am
 KS2 Books on film—Wednesday 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2024/2025

| Term | School opens on: | School closes on: |
|---------------------|--|-------------------|
| Autumn term 2024 | 3rd September | 25th October |
| | 4th November | 20th December |
| Spring term 2025 | 6th January | 14th February |
| | 24th February | 4th April |
| Summer term 2025 | 22nd April | 23rd May |
| | 2nd June | 16th July |
| Inset days | 2nd September 17th & 18th July 21st & 22nd July <u>Bank Holidays</u> 18th April 21st April 5th May | |

| Year Group | Homework |
|------------|--|
| N | Library book read to them (each night) Talking task – phase one phonics (weekly) Practical maths (weekly) |
| R | Reading (each night) Reading & spelling tricky words practice (weekly) Number (weekly) |
| KS1 | Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly) |
| KS2 | Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly) |

CYPMHS Crisis Response service as they have had some updates.

This service is for Children & Young People who are in need of immediate assistance for their **mental health or behaviour.**

<https://www.merseycare.nhs.uk/our-services/warrington/child-and-adolescent-mental-health-service-crisis-response->



What's on in St Helens

Summer 1 Half Term 2025



ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for St Helens families. No diagnosis or referral is needed to access the offer.



Learning Programmes
page 3 & 4

[Find out more](#)



Community Network Groups
page 2

[See below](#)



Online Learning Opportunities
page 2

[Find out more](#)

St Helens Community Network Group: Every Tuesday afternoon during term time
An informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

Topics this half term:

| | |
|--------------------------------|---------------------------------|
| Tuesday 22 nd April | Introduction to ADHD |
| Tuesday 29 th April | In partnership with Mako Create |
| Tuesday 6 th May | Situational Mutism |
| Tuesday 13 th May | Attachment and Neurodivergence |
| Tuesday 20 th May | Difficulties Attending School |

Time: 12:30pm – 2:30pm

Venue: Wonderland Community Centre

Unit 4 Reflection Court, Canal Street. WA10 3JQ.
The community centre is a 10 minute walk from St Helens Central train station and St Helens bus station. It is located opposite the Chapel House car showroom.

Get directions



Online Learning Opportunities

We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly Community Network Groups, termly workshops and also our Learning Programmes are delivered in a webinar format via Zoom for Healthcare.

Please register in advance to attend.

[View our online calendar here or via the QR code](#)



ONLINE COMMUNITY NETWORK GROUP

Monday mornings
9.30am – 11.00am

[Click here to register](#)

| | |
|-------------------------------------|--|
| Monday 21st April | Bank Holiday |
| Monday 28th April | Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence |
| Monday 5th May | Bank Holiday |
| Monday 12th May | Zones of Regulation Supporting children and young people to be more aware of their emotional state |
| Monday 19th May | Understanding Echolalia Exploring repetitive and unusual patterns of speech. |

ONLINE COMMUNITY NETWORK GROUP

Wednesday evenings
5.00pm – 6.30pm

[Click here to register](#)

| | |
|--|---|
| Wednesday 23rd April | Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence |
| Wednesday 30th April | Troubleshooting Homework |
| Wednesday 7th May | Sharing a Diagnosis |
| Wednesday 14th May | Understanding Echolalia Exploring repetitive and unusual patterns of speech. |
| Wednesday 21st May | Benefits Exploring DLA, PIP, and other benefits which may be available to neurodivergent children and young people. |

Online 'Supporting Sleep Difficulties' Workshop

An extended webinar workshop, exploring aspects of neurodivergence that can contribute to difficulties with sleep for children and young people and what we can do to support better sleep.

Friday 2nd May – 9.30am – 12.00pm

[Click here to register](#)



Mental Health and Wellbeing Workshop

An extended webinar workshop, exploring how we can support neurodivergent young people to maintain good mental and physical health and wellbeing. Part of our "Preparing for the Future" offer for parents and carers of young people 11+ awaiting an autism or learning disability assessment.

Monday 28th April – 6.30pm – 8.30pm

[Click here to register](#)



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



Learning Programmes

for St Helens parents and carers

We offer learning programmes in St Helens to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.

[View our online calendar here](#) or via the QR code to find the latest available dates



Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- **Neurodevelopmental Conditions** – Including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.
- **Managing everyday challenges and behaviours** – Including sleep, toileting and eating difficulties.
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

No referral or diagnosis is needed

[Click here for latest dates to attend face to face or online](#)



Preparing for the Future Learning Programme

Offering parents and carers, in St Helens, Knowsley and Warrington, learning opportunities to understand and better support young people aged 11+.

This is a structured, 6 session learning programme, delivered face to face or online, supporting parents and carers as their young person approaches adulthood:

- **Independent living**
- **Community inclusion**
- **Relationships**
- **Good health and wellbeing**
- **Exploring local provision and services for young people**
- **Planning for transition**
- **Supporting independence**
- **Reasonable adjustments and SEND**
- **Further education and employment**

Venue: Maggie O'Neill Training Centre

433 Liverpool Road, Huyton, Liverpool L36 8HT
(just a few minutes from M57)

Across 3 Fridays – 9.30am – 2.30pm
9th, 16th and 23rd May 2025

[Book Now](#)



Autism Learning Programme

The Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is commissioned by NHS Cheshire & Merseyside for St Helens parents/ carers whose children and young people have received a diagnosis of ASD.

Across 3 Thursdays – 9.30am – 2.30pm
8th, 15th and 22nd May 2025

Please contact us to book your free place – venue to be confirmed.
Call our office on **01744 582172**, email us on info@advancedsolutions.co.uk

[Register here](#)



Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- **Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs**
- **Understand the impact that unsupported and unmanaged NDCs can have on an individual and their family**
- **Understand the impact that sensory processing difficulties can have on children and young people**
- **Identify local support available for professionals, children, young people and their families.**

Tuesday 20th May – 9.15am – 4.00pm – St Helens – Venue to be confirmed.

If you are interested in this full day's training, please call the office on **01744 582172** or email info@advancedsolutions.co.uk



St Helens Schools – Professionals online training workshops

Free online training sessions for any staff of St Helens secondary schools, topics this half term are:

Developing Emotional Regulation Tuesday 22nd April – 3.30pm – 5.30pm
Navigating Autism and Demand Avoidance Tuesday 13th May – 3.30pm – 5.30pm

[Book Now](#)

Preparing for Adulthood Professionals Workshop

A webinar workshop, exploring how professionals can support neurodivergent young people as they prepare for adulthood. Part of our "Preparing for the Future" project to support young people 11+ awaiting an autism or learning disability assessment.

Tuesday 29th April – 3.30pm – 5.30pm

[Click here to register](#)

Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our [urgent support page](#).



The details we request when you register are kept securely and used in line with our privacy policy: <https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>

Get in touch with us



Meaningful May 2025

MONDAY



5 Let someone know how much they mean to you and why

12 Listen to a favourite piece of music and remember what it means to you

19 Reflect on what makes you feel valued and purposeful

26 Remember an event in your life that was really meaningful

TUESDAY



6 Look for people doing good and reasons to be cheerful

13 Find out about the values or traditions of another culture

20 Share photos of 3 things you find meaningful or memorable

27 Focus on how your actions make a difference for others

WEDNESDAY



7 Make a list of what matters most to you and why

14 Get outside and notice the beauty in nature

21 Look up at the sky. Remember we are all part of something bigger

28 Do something special and revisit it in your memory tonight

THURSDAY

1 Do something kind for someone you really care about

8 Set yourself a kindness mission to help others today

15 Do something to contribute to your local community

22 Find a way to help a project or charity you care about

29 Today do something to care for the natural world

FRIDAY

2 Focus on what you can do rather than what you can't do

9 What values are important to you? Find ways to use them today

16 Show your gratitude to people who are helping to make things better

23 Recall three things you've done that you are proud of

30 Share a quote you find inspiring to give others a boost

SATURDAY

3 Take a step towards an important goal, however small

10 Be grateful for the little things, even in difficult times

17 Find a way to make what you do today meaningful

24 Make choices that have a positive impact for others today

31 Find three reasons to be hopeful about the future

SUNDAY

4 Send your friend a photo from a time you enjoyed together

11 Look around for things that bring you a sense of awe and wonder

18 Send a hand-written note to someone you care about

25 Ask someone else what matters most to them and why



Happier · Kinder · Together

ACTION FOR HAPPINESS

Neurodevelopment pathway drop ins

NHS
Mersey Care
NHS Foundation Trust

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process.

You don't need to be using our service, you can drop in if you have any questions to ask about this.

We look forward to meeting you.

Second Tuesday of the month at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub 1pm to 4pm*.

Third Tuesday of the month at Newton Family Hub, 1pm to 4pm.

Fourth Tuesday of the month at Central Link Family Hub, 1pm to 4pm.

*Please note, on Tuesday 8 July the session will be held at Sutton Family Hub 1pm to 4pm only.

13 May at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

20 May at Newton Family Hub, 1pm to 4pm.

27 May at Central Link Family Hub, 1pm to 4pm.

10 June at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

17 June at Newton Family Hub, 1pm to 4pm.

24 June at Central Link Family Hub, 1pm to 4pm.

8 July at Sutton Family Hub, 1pm to 4pm.

15 July at Newton Family Hub, 1pm to 4pm.

22 July at Central Link Family Hub, 1pm to 4pm.

Sutton Family Hub, Ellambridge Road, Sutton, St Helens, WA9 3PY

Parr Children's Centre, Ashton's Green Drive, Parr, St Helens, WA9 2AP

Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF



MUSIC SERVICE ENSEMBLES AT ST HELENS TOWN HALL 2024 - 25 FREE!

TUESDAY...

ROCK & POP BAND

4.30PM - 5.50PM

WEDNESDAY

WIDER OPPORTUNITIES BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE WIND BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE STRINGS

4PM - 5PM

WEDNESDAY

MUSIC THEORY CLUB

4PM - 5PM

WEDNESDAY

YOUTH WIND ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

5.15PM - 6.30PM

WEDNESDAY

MUSIC THEORY CLUB

5.15PM - 6.30PM



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FOR EVERY CHILD AND YOUNG PERSON WE WORK WITH



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If you shop at ASDA, please consider selecting us as your chosen school as this will help our school cashpot to grow.

**you scan,
we donate
££s TO
SCHOOLS.**



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#)

[Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



Download on the
App Store



GET IT ON
Google Play

See Miss Davies for more information on main meals for the family for £4 per week.



• St Helens •

Wesley Methodist Church
Vincent Street, St Helens WA10 1LF

For a **small weekly fee** local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts

Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/coffee and toast while you wait.



www.yourlocalpantry.co.uk

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You can also call us on 01744 264 14