

Holy Cross Catholic Primary School

18/10/2024

Charles Street, St. Helens, WA10 1LN



holycross@sthelens

@holycrosssthel1

Year 6 had a lovely learn and share this afternoon, thank you to our families for joining us! Thinking Skills . Travel



you scan, we donate ££s to schools.

ASDA Cashpot for schools

If you shop at ASDA, please consider selecting us as your chosen school as this will help our school cashpot to grow.

We care, We Share, We Value.



Holy Cross Catholic Primary School

Charles Street, St. Helens, WA10 1LN

Holycross@sthelens.org.uk

www.holycrossprimarysthelens.co.uk

Twitter/X - @holycrossthe1

28/06/2024

The 3 Parks Challenge

This Saturday at Sherdley Park, meet in the play area 10.00am. Children must be accompanied by a responsible adult over 18. Hopefully we'll see you there!



holycross@sthelens

@holycrosssthel1

Day 1 of the 3 parks challenge. The sun is shining, everyone is smiling and we've been joined by some of the younger members of our Holy Cross family, including a furry, four-legged member too. #wellbeing #getoutdoors



We care, We Share, We Value.



Taylor

Sat 22 June | 10am at The Boathouse

Sherdley

Sat 29 June | 10am at The Play area

Victoria

Sat 06 July | 10am at The Bandstand

All Holy Cross pupils must be accompanied by a responsible adult over 18

If you are interested in attending and would like more information please speak to a member of staff.



For the run up to the Summer fayre on **Friday 12th July** (children to bring in money to spend at the fayre on this day). ALONG with the summer fayre on **Friday** for the children, we are (weather dependent) going to try and do the Summer fayre outside on the playground after school the day before on **Thursday 11th July** for parents/carers to attend with family.

We are holding 3 weeks of giving. On these days you will need to take these items to class with you where you will receive a stamp on your donation card from your teacher. When the card is full you can exchange it for a free turn on a stall at the Summer fayre (hook a duck, wheel of fortune, Tombola, chocolate tombola and many more).

Your DONATION CARD will be kept in school until the day of the summer fayre!!

No card with 3 stamps, no free turn!

The items are as follows.

Week 2 <u>5.7.22</u> (Friday)- Bring in a chocolate item for the chocolate tombola. **OWN CLOTHES DAY.**

Week 3 11.7.22 (summer fayre after school for P/C) - Bring in Posh (alcohol) bottles or cakes. **OWN CLOTHES DAY**

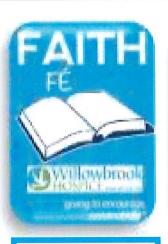
Summer fayre for children (Friday 12th July in school time, £5 MAX per child)

Please send money in in a named envelope.

House Teams Weekly Points









23,529

23,382

23,334

23,206



Leader Board this week			
Charity	Норе	Faith	Peace
738	811	846	791

STARS OF THE WEEK



Attendance

School Matters! Attend Today, Achieve Tomorrow

Our whole school attendance this week is

92.2%

The Government set target is 97%.

Well done to

Year 4

for having the best attendance this week with

98%

Attendance this week		
Nursery	82%	
Reception	89%	
Year 1	97%	
Year 2	95%	
Year 3	95%	
Year 4	98%	
Year 5	82%	
Year 6	88%	

Getting Your Child to School Really Matters



Did You Know...?

In a School Year, If Your Child is Late Every Day By.

20 Minutes

30 Minutes

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

5 Minutes 3.5 Days from School 10 Minutes 7 Days from School 15 Minutes

10 Days from School 14.5 Days from School 20 Lessons 41 Lessons 55 Lessons 82 Lessons

22 Days from School 123 Lessons Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day, we celebrate how blessed the world became when God gave us you.



Peniel Briston Amber Lyon Nevaeh-Rose Melvein Cassandra Murray Thomas Clough Norah Justine Samwise James Mrs Andrew





At Holy Cross we continue on our journey to become a Thinking School.

A Thinking School takes an explicit, evidence informed, whole school approach to developing pupils' cognitive capability and intelligent learning behaviours. This is so that learners develop habits of mind that will ensure that they are fit for future learning, workplaces and life. We are learning to think about thinking! (This is called **Metacognition**).

We want to teach Thinking Skills so that children:

- Give up the notion of simply knowing right answers.
- Persist when they don't know an answer.
- Think interdependently- problems are solved by working together, growing, changing, considering other points of view.
- Talk/communicate with clarity and precision.
- Become self modifying, self managing, self evaluating, self directed. (This is called
 Self Regulation)
- Plan, gather data, turn to other people, persist, ask questions.
- Be conscious of their own decisions and problem solving strategies. Be conscious of their effect on others and the environment.
- Evaluate themselves and make a commitment to get better at something over time.
- Learn to make judgments on themselves.

Use their brains to finds patterns. Participate in problem based learning, project based learning.

We approach Thinking Skills across the whole curriculum, and employ a range of strategies and tools to support this. They include:

Thinking Frames These help us visualise our thinking. There are eight frames, each representing a fundamental cognitive skill such as comparing, contrasting, sequencing, and cause and effect reasoning. These are displayed in all classrooms as a quick reference for pupils.

Skilful Questioning Staff and pupils use explicit language and question starters to encourage a range of thinking and higher order thinking.

Self Regulation is explicity taught. We want all our pupils to relish challenges, embrace their mistakes as part of the learning process, value the importance of effort, respond carefully to feedback and take inspiration from others. This will help them to achieve, not only with us, but also in their future lives as adults. Having a growth mindset is a key priority, linking strongly with Gospel Values.

Y4 Brass—Friday

Year 4 must bring their instruments to school each Friday.

Swimming—Wednesday's

School clubs

Monday: Y4-Y6 Football 3.15-4.15pm

Tuesday: Parents & Teachers adult fitness class £1 entry

Wednesday: Y1-3 Football 8.00-8.45am

SCHOOL TERMS AND HOLIDAY DATES 2023/2024

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2024	19th February	28th-March
Summer term 2024	15th April	22nd May
	5th June	23rd July
	4 th September 23rd May & 24th May 3rd June & 4th June	
Inset days	Bank Holidays 29th March 1st April 6th May	

Year Group	Homework
	Library book read to them (each night)
N	Talking task – phase one phonics (weekly)
	Practical maths (weekly)
	Reading (each night)
R	Reading & spelling tricky words practice (weekly)
	Number (weekly)
	Reading (each night)
	Times Tables (each night)
KS1	Reading & spelling tricky words practice (weekly)
	Maths (weekly)
	English comprehension (weekly)
	Reading (each night)
	Times Tables (each night)
KS2	Reading & spelling tricky words practice (weekly)
	Maths (weekly)
	English comprehension (weekly)

CYPMHS Crisis Response service as they have had some updates.

This service is for Children & Young People who are in need of immediate assistance for their mental health or behaviour.

https://www.merseycare.nhs.uk/ourservices/warrington/child-and-adolescentmental-health-service-crisis-response-



Do you have the skills to foster? 01744 671199 sthelens.gov.uk/fostering



INSPIRING MUSICAL CREATIVITY

FOR ENTRY CHIED AND YOUNG PERSON ME MOTH, MISH



ROCK & POP BAND



Esthelensmusic esthelensmusicservice

4.30PM - 5.50PM

WEDNESDAY

WEDNESDAY

WEDNESDAY

TUESDAY

INTERMEDIATE STRINGS

INTERMEDIATE WIND BAND

WIDER OPPORTUNITIES BAND

4PM - SPM

4PM - SPM

4PM - SPM

musicservice@sthelens.gov.uk

SCAN THE OR CODI BELOW TO JOIN AN REGISTER TODAY



4.30PM - 5.50PM VOCAL GROUP

WEDNESDAY

WEDNESDAY

MUSIC THEORY CLUB

YOUTH WIND ORCHESTRA

SINFONIA

5.15PM - 6.30PM

4PM - SPM

WEDNESDAY

WEDNESDAY

MUSIC THEORY CLUB

5.15PM - 6.30PM

5.15PM - 6.30PM





See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church Vincent Street, St Helens WA10 1LF

For a small weekly fee local residents can join up as members and access a whole range of benefits.

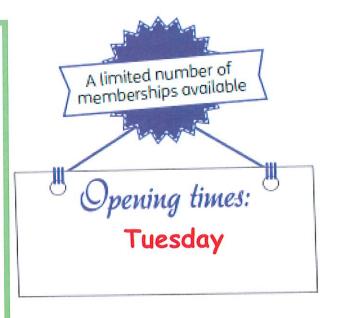
Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts

Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/ coffee and toast while you wait.



www.yourlocalpantry.co.uk

🔐 @Hopesthelens 🔰 @Hopesthelens



You can also call us on 01744 264 14



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21/06/2024

On Sunday we celebrated and congratulated our Holy Communicants of 2024 who received the Sacrament of Reconciliation.





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Your DONATION CARD will be kept in school until the day of the summer fayre!!

No card with 3 stamps, no free turn!

The items are as follows.

Week 1 28.6.22 (Friday)- Tombola! Time bring in unwanted gifts or anything that you think would be good on the tombola OWN CLOTHES DAY.

Week 2 5.7.22 (Friday)- Bring in a chocolate item for the chocolate tombola.

OWN CLOTHES DAY.

Week 3 11.7.22 (summer fayre after school for P/C) - Bring in Posh (alcohol) bottles or cakes. **OWN CLOTHES DAY**

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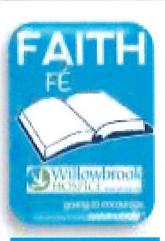
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House Teams Weekly Points









22,791

22,571

22,488

22,415



Leader Board this week			
Charity	Норе	Faith	Peace
871	818	834	876

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Attendance

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Our whole school attendance this week is

91.6%

The Government set target is 97%.

Well done to

Year 1

for having the best attendance this week with

98%

Attendance this week		
Nursery	89%	
Reception	75%	
Year 1	98%	
Year 2	87%	
Year 3	92%	
Year 4	97%	
Year 5	85%	
Year 6	93%	

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«WishesMsa.com

Sonya-Marisa Olaru Miss Chauveau





growing effective learners

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INSPIRING MUSICAL CREATIVITY

POR ENTRY CHIED AND YOUNG PERSON ME NORK, NITH



ROCK & POP BAND

esthelensmusic esthelensmusicservice

4.30PM - 5.50PM

nusicservice@sthelens.gov.uk

TUESDAY

VOCAL GROUP

4.30PM - 5.50PM

4PM - SPM

WEDNESDAY

WEDNESDAY

WEDNESDAY

INTERMEDIATE WIND BAND

WIDER OPPORTUNITIES BAND

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4PM - SPM

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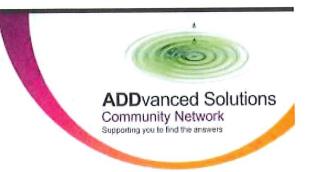
5.15PM - 6.30PM



ADDvanced Solutions Community Network

Autism Post Diagnostic Learning Programme

St Helens families



Would you like to know more about autism following your child or young person's diagnosis?

Our unique learning programme has been been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance, and strategies to better support your child or young person.

SUMMER 1 HALF TERM LEARNING PROGRAMME			
Session Number	Date and Time	Booking Details	
Session 1 and 2	Thursday 9th May 2024 9:30am - 2:45pm	Location to be confirmed upon registration.	
Session 3 and 4	Thursday 16th May 2024 9:30am - 2:45pm	Parents/carers can call our office on 01744 582172 or email	
Session 5 and 6	Thursday 23rd May 2024 9:30am - 2:45pm	info@addvancedsolutions.co.uk to book on.	

SUMMER 2 HALF TERM LEARNING PROGRAMME			
Session Number Date and Time		Booking Details	
Session 1 and 2	Thursday 27th June 2024 9:30am - 2:45pm	Location to be confirmed upon registration.	
Session 3 and 4	Thursday 4th July 2024 9:30am - 2:45pm	Parents/carers can call our office on 01744 582172 or email	
Session 5 and 6	Thursday 11th July 2024 9:30am - 2:45pm	info@addvancedsolutions.co.uk to book on.	

For information regarding our wider neurodevelopmental offer, for families pre, post and during diagnosis, please contact us or visit our website www.addvancedsolutions.co.uk

For more information:

E: info@addvancedsolutions.co.uk T: 01744 582172 www.addvancedsolutions.co.uk

Book your Boots Tots place with the QR code



Session Dates!

- 25th of July
- 1st of August
- 8th of August
- 15th of August
- 22nd of August
- 10AM TO 11
- Age 2 to 4
- FREE

SUPPORT



For More Details: SCDF@Saintsrlfc.com





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- 10AM TO 11AM
- Age 2 to 4
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For More Details: SCDF@Saintsrlfc.com







FRIENDLY FOOTY

A DAY OF COMMUNITY AND TOGETHERNESS



SUNDAY 23RD JUNE

RUSKIN DRIVE SPORTS VILLAGE, ST HELENS WAIO 6RP Games kick off simultaneously at 3pm

Men and Women's football teams made up of refugees from the community, versus teams made up from councillors, council staff, volunteer sector, and other members of the community.

Food tasters from Café Laziz & Family Entertainment



See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church Vincent Street, St Helens WA10 1LF

For a small weekly fee local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts

Pay by cash or standing order

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in partnership with

BUREAU

14/06/2024



OUR SCHOOL HAS ACHIEVED THE

Wellbeing Award for **Schools**

Promoting emotional wellbeing and mental health across our school

2024 - 2027





At Holy Cross, we place great value on the health and wellbeing of all our children and staff so are excited to announce that we have achieved the Wellbeing Award for Schools, administered by Award Place, in partnership with National Children's Bureau.

Our focus on wellbeing links closely to our school mission to 'care, share and value', through which we actively encourage our children share how they are feeling and to reflect on how their behaviours impact on others.

The award focuses on ensuring that effective practice and provision is in place that promotes and protects the emotional well-being and mental health of both staff and children.

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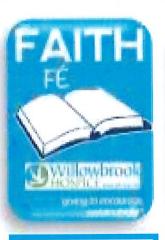
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99%

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Reception	91%	
Year 1	99%	
Year 2	89%	
Year 3	97%	
Year 4	98%	
Year 5	91%	
Year 6	92%	

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82 Lessons 123 Lessons

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Jamal Ogundimu Mrs Bowen Quinn Rankin Pirajin Ramesh Edwin Edmon Leighton Clough Deborah Olonade Neyash Sivakumar Claudia Bojan Aleta Joseph Abbie Lever Chriswin Shine

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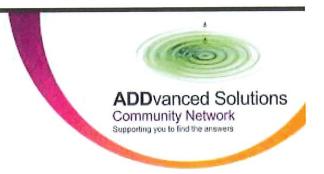
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Session 1 and 2	Thursday 9th May 2024 9:30am - 2:45pm	Location to be confirmed upon registration.
Session 3 and 4	Thursday 16th May 2024 9:30am - 2:45pm	Parents/carers can call our office on 01744 582172 or email
Session 5 and 6	Thursday 23rd May 2024 9:30am - 2:45pm	info@addvancedsolutions.co.uk to book on.

SUMMER 2 HALF TERM LEARNING PROGRAMME		
Session Number	Date and Time	Booking Details
Session 1 and 2	Thursday 27th June 2024 9:30am - 2:45pm	Location to be confirmed upon registration.
Session 3 and 4	Thursday 4th July 2024 9:30am - 2:45pm	Parents/carers can call our office on 01744 582172 or email
Session 5 and 6	Thursday 11th July 2024 9:30am - 2:45pm	info@addvancedsolutions.co.uk to book on.

For information regarding our wider neurodevelopmental offer, for families pre, post and during diagnosis, please contact us or visit our website www.addvancedsolutions.co.uk

For more information:

E: info@addvancedsolutions.co.uk T: 01744 582172 www.addvancedsolutions.co.uk

FOR EVERY CHIED AND YOUNG PERSON ME NORK MITH

INSPIRING MUSICAL CREATIVITY

ROCK & POP BAIND

4.30PM - 5.50PM

Osthelensmusic Osthelensmusicservice

INTERMEDIATE STRINGS

INTERMEDIATE WIND BAND

WIDER OPPORTUNITIES BAND

4PM - SPM

4PM - SPM

4.30PM - 5.50PM

4PM - SPM

musicservice@sthelens.gov.uk

SCAN THE OR CODE BELOW TO JOIN AN REGISTER TODAY

WEDNESDAY

WEDNESDAY

WEDNESDAY

TUESDAY

VOCAL GROUP

5.15PM - 6.30PM

5.15PM - 6.30PM

WEDNESDAY



WEDNESDAY

MUSIC THEORY CLUB

4PM - SPM

WEDNESDAY

YOUTH WIND ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

MUSIC THEORY CLUB





See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church Vincent Street, St Helens WA10 1LF

For a small weekly fee local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts

Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/ coffee and toast while you wait.



www.yourlocalpantry.co.uk

@Hopesthelens @Hopesthelens



You can also call us on 01744 264 14



PM · Jan 6, 2025 · 9 View

Holy Cross Catholic Primary School

10/01/2025

Charles Street, St. Helens, WA10 1LN

Happy Feast of the Epiphany

The feast of the Epiphany is celebrated 12 days after Christmas, on 6 January. It is designated as a solemnity. This marks it as a feast of great importance within the Catholic Church. The feast of the Epiphany reveals Jesus as King and Saviour of the world. The wise men represent peoples of all nations who did not know the God of Israel, but whom God called to the manger to share the new life of Christ. God leads the wise men with a great light – the star – by which God reveals hope and love for all people.

A blessing of the home is often done on the Feast of Epiphany, a tradition that invites God into the home and places the family under his protection.



Lord God of heaven and earth, you revealed your only begotten Son to every nation by the guidance of a star. Bless this house and all who inhabit it. May we be blessed with health, goodness of heart, gentleness and the keeping of your law. Fill us with the light of Christ, that our love for each other may go out to all. We ask this through Christ our Lord.

"May Christ Bless the House."

CatholicLink



Habits of Mind

Habits of Mind, created by Arthur L. Costa and Bena Kallick, are an identified set of sixteen problem solving, life related skills that are important for effective learning.

At Holy Cross we are implementing a selection of these learning behaviours from July 2024. Each Habit is introduced and embedded over a half term or term using a similar structure:

- ·Introducing the Habit and what it means
- ·Understanding why it is important and outlining strategies to support the Habit
- ·Working towards gaining rewards for demonstrating the learning behaviour.
- ·Each Habit has an associated animal logo and motto that the pupils will recognise.



1. Persisting

Stick to it! Persevering in task through to completion; remaining focused. Looking for ways to reach your goal when stuck. Not giving up.



2. Managing **Impulsivity**

Take your time!

Thinking before acting; remaining calm, thoughtful and deliberative.



3. Listening with understanding and empathy

Understand others!

Devoting mental energy to another person's thoughts and ideas; Make an effort to perceive another's point of view and emotions.



4. Thinking flexibly

Look at it another way!

Being able to change perspectives, generate alternatives, consider options.



5. Thinking about your thinking (Metacognition)

Know your knowing!

Being aware of your own thoughts, strategies, feelings and actions and their effects on others.



6. Striving for accuracy

Check it again!

Always doing your best. Setting high standards. Checking and finding ways to improve constantly.



7. Questioning and problem posing

How do you know? Having a questioning attitude; knowing

what data are needed & developing questioning strategies to produce those data. Finding problems to solve.



8. Applying past knowledge to new situations

Use what you learn!

Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.



9. Thinking & communicating with clarity and precision

Be clearl

Strive for accurate communication in both written and oral form; avoiding over-generalizations, distortions, deletions and exaggerations.



10. Gather data through all senses

Use your natural pathways!

Pay attention to the world around you Gather data through all the senses. taste, touch, smell, hearing and sight.



11. Creating. imagining, and innovating

Try a different way!

Generating new and novel ideas, fluency, originality



12. Responding with wonderment and awe

Have fun figuring it out!

Finding the world awesome, mysterious and being intrigued with phenomena and beauty.



13. Taking responsible risks

Venture out!

Being adventuresome; living on the edge of one's competence. Try new things constantly.



14. Finding humor

Laugh a little!

Finding the whimsical, incongruous and unexpected. Being able to laugh at one's self.



15. Thinking interdependently

Work together!

Being able to work in and learn from others in reciprocal situations. Team work.



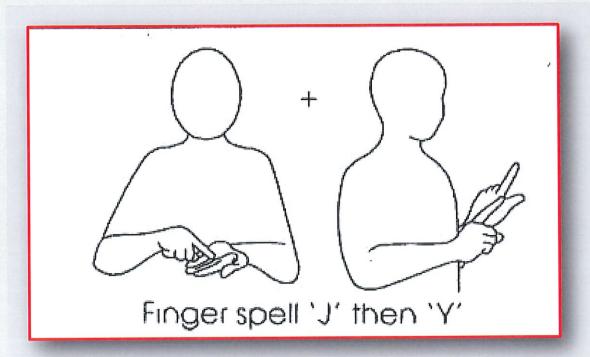
16. Remaining open to continuous learning

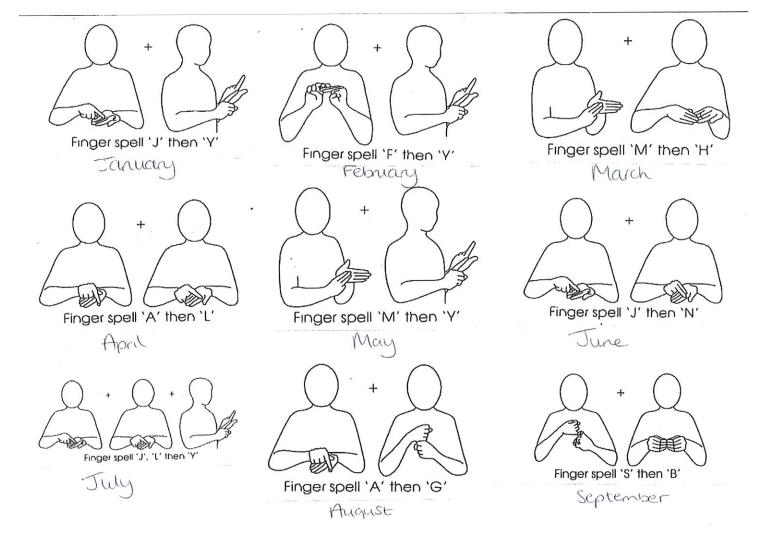
Learn from experiences!

Having humility and pride when admitting we don't know; resisting complacency.

Sign with us!

Each week children develop their basic sign language skills so that as a school family we can all communicate with members of our school who use BSL and Makaton.





Attendance



Our whole school attendance this week is

91.9%

The Government set target is 97%.

Well done to

Year 6

for having the best attendance this week with

94%

Attendance this week	
Nursery	94%
Reception	92%
Year 1	92%
Year 2	91%
Year 3	90%
Year 4	90%
Year 5	92%
Year 6	94%

Getting Your Child to School Really Matters



Did You Know...?

In a School Year, If Your Child is Late Every Day By. Your Child Would Have Lost Approximately... or They Would Have Missed Approximately..

20 Lessons

41 Lessons

55 Lessons

82 Lessons

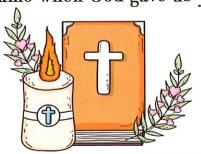
123 Lessons

5 Minutes 3.5 Days from School
10 Minutes 7 Days from School
15 Minutes 10 Days from School
20 Minutes 14.5 Days from School
30 Minutes 22 Days from School

Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day, we celebrate how blessed the world became when God gave us you.



WishesMsq.cor

Jackson Hoskinson John Olonade Grace Lloyd Adriana Lopez Mrs Gillespie

Swimming—Wednesday's

Y5 need their swimming kit in school every Wednesday—the coach leaves at 9.00am

Lunch Clubs

Rosary Club—Monday 12.30-1.00 Minnie Vinnies—Tuesday 12.30-1.00 Rota Kids—Thursday 12.30-1.00 Young Carers—Friday 12.30-1.00

School clubs

KS2 Dodgeball—Monday 3.30-4.15pm Y1-Y6 Mindfulness—Tuesday 3.30-4.00pm Choir Y3-Y6—Wednesday 3.30-4.00pm Multi-Skills Y1—Wednesday 8.00-8.40am KS2 Books on film—Wednesday 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2024/2025

Term	School opens on:	School closes on:
Autumn term 2023	3rd-September	25th October
	4 th November	20th December
Spring term 2024	6th January	14th February
	24th February	4th April
Summer term 2024	22nd April	23rd May
	2nd June	16th July
Inset days	2nd September 17th & 18th July 21st & 22nd July	
	<u>Bank Holidays</u> 18th April 21st April 5th May	
	Juli	

Year Group	Homework
	Library book read to them (each night)
N	Talking task – phase one phonics (weekly)
	Practical maths (weekly)
	Reading (each night)
R	Reading & spelling tricky words practice (weekly)
	Number (weekly)
	Reading (each night)
	Times Tables (each night)
KS1	Reading & spelling tricky words practice (weekly)
	Maths (weekly)
	English comprehension (weekly)
	Reading (each night)
	Times Tables (each night)
KS2	Reading & spelling tricky words practice (weekly)
	Maths (weekly)
	English comprehension (weekly)

CYPMHS Crisis Response service as they have had some updates.

This service is for Children & Young People who are in need of immediate assistance for their mental health or behaviour.

https://www.merseycare.nhs.uk/ourservices/warrington/child-and-adolescentmental-health-service-crisis-response-



breathe

and look for

the upside

thoughts

MONDAY

Learn something minutes to sit still and just

Take five

really nourishes new and share it with others Eat healthy food which

15

you today

what you notice

different route

Take a

today and see

Plan something fun and invite others to join you

something

Try out

7

new to get

good time and

Go to bed in

allow yourself

to recharge

comfort zone out of your

and get to know a neighbour them better Say hello to 23

enjoyed recently

things they've

people about

our negative

Challenge

27

Ask other

you can smile many people See how at today

your hopes or plans for the future

Write down

31



Happier · Kinder · Together

ACTION FOR HAPPINESS

(D)

FRIDAY

THURSDAY

WEDNESDAY

TUESDAY

SUNDAY

of things you SATURDAY feel grateful for and why Write a list

3 Do a kind act

for someone else to help

brighten their day

something kind

for yourself

today to do

things to look

Find three

forward to

this year

Make time

and notice their

strengths

good in others

Look for the

before bedtime least an hour Switch off all your tech at 검

Thank someone

you're grateful

Do something active (ideally

things to the

people you

Say positive

outdoors)

meet today

Get moving.

to and tell them why

Connect with someone near you - share a smile or chat

> with an old in contact Get back

19

even if today what's good feels tough

when you make

mistakes

community

beautiful

your local

with yourself

positively to

and notice five things that are

Get outside

Contribute

Be gentle

17

Focus on

your strengths Choose one of and find a way to use it today rather than put

ift people up

step towards an

Take a small

digital devices

Put away

23

and focus on

being in the

moment

important goal

Decide to

25

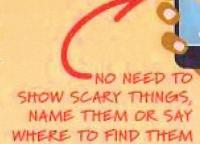
them down

SCARE! Hoaxes, online challenges & 'bad apps'

What parents and schools need to know to keep children safe from the latest dares, scares, threats & challenges

There are always stories going round about nasty things online and you may be asked to share warnings about them. The ones with clever names and funny pictures are usually fakes and hoaxes, but of course bad things happen online too and we all want to keep young people safe from them.

Whether a scare is real or not, we would advise against sharing warnings about specific challenges or even 'bad apps', sites or games. Read on to find out why...and what to do instead.



Why shouldn't we share specific warnings?

Scare-shares can cause:

- 1. A false sense of security
- 2. Free publicity
- 3. Unproductive panic

What can we do instead?

Top tips



- Talk about GENERAL risks and what can go wrong online wherever you are
- 2. Use NON-SCARY EXAMPLES to talk about how to respond to dares, challenges, scares and threats
- 3. Make sure children and young people know who to talk to and where to get **HELP** from different sources
- 4. Focus on the POSITIVES after all, if we say it's all bad, they won't listen to us





Still not sure? Have a look at what the experts at CEOP say about online scares or how the Samaritans advise us to talk about challenges.



SafeguardED



Is my child too ill for school?

It's fine to send your child to school with a minor cough or common cold. But if they have a high temperature, keep them off school until it goes.

Encourage your child to throw away any used tissues and to wash their hands regu-

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/











St Helens and Knowsley Teaching Hospitals

If your child is ill it can be a worrying time, but lots of childhood illnesses can be treated quickly and effectively at home or by accessing the right healthcare service. Here is our handy guide to services available in your area. By choosing the right service you can help your little one feel better, quicker.

When to go to a doctor

then you should speak to your GP first. Out of hours, you can call 111 who will help to decide whether your child needs to be treated the next day by your own family right away or if the issue can wait to

mon illnesses that can be treated by your GP are;
Persistent coughs • Eye infections
Skin infections • Ear pain

When to go to urgent treatment /

When to go to a

Runcorn Urgent Treatment Centre Kirkby NHS Walk-in Centre St Helens Urgent Treatment Centre

> Urgent Treatment & Walk-in Centres our local centre is closer

alewood NHS Walk-in Centre

FOR SCHOOL? IS MY CHILD TOO



Their sores have crusted and healed, or 48 hours after At least 5 days from the onset of the rash and until all If your child has a high temperature, keep them off 24 hours after they started taking antibiotics. 48 hours after they started taking antibiotics. 4 days after the rash first appeared. 5 days after their swelling started. They've had their first treatment. 48 hours after their last episode. blisters have crusted over. school until it goes away they started antibiotics. DIARRHOEA AND VOMITING HIGH TEMPERATURE WHOODPING COUGH SCARLET FEVER CHICKENPOX IMPETIGO MEASLES MUMPS SCABIES



You don't need to keep your child away from school if they have conjunc-COUGHS & COLDS It's fine to send your child to school with a minor cough or common cold. tivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly. CONJUNCTIVITIS

If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly There's no need to keep your child off school. You can treat head lice and nits without seeing your GP.

You can still send your child to school if they have a sore throat. But if Speak to your pharmacist, who can recommend treatment

they also have a high temperature, they should stay at home until it goes

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious.

ASDA Cashpot for schools

If you shop at ASDA, please consider selecting us as your chosen school as this will help our school cashpot to grow.

you scan. we donate £25 TO // SCHOOLS.



Asda Rewards Cashpot for Schools

Cashpot for Schools Terms & Conditions Asda Rewards terms & Conditions



Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.





MUSIC SERVICE ENSEMBLES AT ST HELENS TOWN HALL

2024 - 25

TUESDAY...

ROCK & POP BAND

4.30PM - 5.50PM

WEDNESDAY

WIDER OPPORTUNITIES BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE WIND BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE STRINGS

WEDNESDAY

MUSIC THEORY CLUB

4PM - 5PM

WEDNESDAY

YOUTH WIND ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

5.15PM - 6.30PM

4PM - 5PM

WEDNESDAY MUSIC THEORY CLUB

5.15PM - 6.30PM



INSPIRING MUSICAL CREATIVITY

FOR EVERY CHIED AND YOUNG PERSON HE HORK MITH





musicservice@sthelens.gov.uk THE OR CODE







mation on main See Miss Davies family for £4 per for more informeals for the week.

Vincent Street, St Helens WA10 1LF Wesley Methodist Church

For a small weekly fee local residents can join up as members and access a whole range of benefits.

a weekly shop at the Pantry Entrance to

There are no

qualifying rules for

Meet new people or volunteer

Free welcome giffts

Pay by cash or standing order



we also give

joining and

coffee and roast while

you wait.

out tea/

www.yourlocalpantry.co.uk

■ @Hopesthelens
■ @Hopesthelens

You can also call us on 01744 264 14





to be OUTSTANDING for our care leavers

Email: Enquiry@foster4.co.uk

Tel: 03456460098

Helens sthelens.gov.uk/fostering

ST HELENS

What's on in **St Helens**

nring 1 Half Term 2025



ADD vanced Solutions Community Network



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for St Helens families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.

Community Network Groups

Delivered weekly during term time, an informal, open access learning opportunity to seek advice and support around challenges you may be facing at all stages of your journey. Drop in, no need to book, to meet the team and visiting professionals.

PAGE 2-4 | Click for more information

Preparing For Adulthood Learning

Programme

A newly commissioned offer of learning opportunities to parents and carers of neurodivergent young people aged 114, who are awaiting Autism and LD assessment, to support them as they approach adulthood.

PAGE 6-7 | Click for more information

Autism Learning Programme

Six-session programme designed to support and empower parents and carers, following their child's diagnosis, in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support you and your family.

PAGE 7 | Click for more information

Neurodevelopmental Conditions Learning Programme

Six-session learning programme for parents and carers to increase understanding of neurodevelopmental conditions and build skills and confidence to better support their child or young person's presenting needs.

PAGE 5 | Click for more information

Online Learning Workshop

Unifications state faints are consistent to help you to better understand the reasons were not neurodivergent children and young people may have difficulties in accessing education, the impact of not attending and strategies we can use to support them in accessing school.

PAGE 8 | Click for more information.

Professionals

Neurodevelopmental Conditions Awareness Raising Training Funded training for professionals to increase understanding of neurodevelopmental conditions and the impact on children, young

PAGE 8 | Click for more information

What is the Neurodevelopmental Conditions Learning Programme?

The Neurodevelopmental Conditions (ND) Learning Programme provides an opportunity for parents and carers to gain understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and gain strategies to support the difficulties that may present, including:

- Neurodevelopmental Conditions including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.
 - Managing everyday challenges and behaviours including sleep, tolleting and eating difficulties.
- Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.

Face to Face Neurodevelopmental Conditions Learning Programme

Our next face-to-face Neurodevelopmental Conditions Learning Programme will be coming up in the Spring 2 half term, please contact us to register your interest.

Call our office on 01744 582172 or email us on info@addvancedsolutions.co.uk
No referral or diagnosis is needed.

Online Neurodevelopmental Conditions Learning Programme

If you would prefer to join us online, Please click here to register your details.

Our ND Learning Programme will be delivered online, once a week, over six weeks - only one registration is required to attend all of the six sessions and you will receive a reminder for each session.

Session 6	Tuesday 11th February 6.30pm - 8.30pm
Session 5	Tuesday 4th February 6.30pm - 8.30pm
Session 4	Tuesday 28th January 6.30pm - 8.30pm
Session 3	Tuesday 21st January 6.30pm - 8.30pm
Session 2	Tuesday 14th January 6.30pm - 8.30pm
Session 1	Tuesday 7th January 6.30pm - 8.30pm



holycross@sthelens @holycrosssthel1 \cdot Dec 7, 2023

Ø ...

Years 3-6 did amazingly well today in their Thinking Festival! They took part in sessions about the brain,

memory, problem solving and had adventures in metacognition! Well done everyone! Winning thinkers to be announced in assembly!!!

